



# Island Sun

VOL. 25, NO. 15

SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 13, 2017

OCTOBER SUNRISE/SUNSET: 13 7:26 • 7:03 14 7:27 • 7:02 15 7:28 • 7:01 16 7:28 • 7:00 17 7:29 • 6:59 18 7:29 • 6:58 19 7:30 • 6:57

## Teen Guitarist To Play At Blues And Jazz Festival

by Jeff Lysiak

One of the featured acts that will be taking the stage at the 2nd annual Sanibel Blues & Jazz Festival, 14-year-old Johnny Jensen, has been performing since the age of 5. A lifetime native of Captiva Island, Jensen began his musical career as a drummer, sitting in with bands such as local favorites The Troublestarters.

"I remember jamming with them to songs like The Who's *I Can't Explain* and Jimi Hendrix's *Purple Haze*," said Jensen, an eighth grade student at The Sanibel School. "Then, after I got into bands like Led Zeppelin, I decided that I wanted to play guitar."

Primarily self-taught, Jensen took some guitar instructional classes at the Alliance for the Arts in Fort Myers. Within a couple of months, the youngster was playing songs he liked by ear.

More recently, the teenager's musical tastes have shifted towards the blues, which makes him a natural fit for performing at the Sanibel Blues & Jazz Festival. He credits both The



Johnny Jensen

photo by Jeff Lysiak

Troublestarters and one of the bands he'll be sharing the stage with on Sunday, November 5 – The Marty Stokes Band – as major influences in his appreciation for the genre.

A fundraiser created by the Sanibel-Captiva Optimist Club, the all-day continued on page 44

## Sunday Is Family Fun Day At 'Ding' Darling

Sunday Family Fun Day kicks off week-long "Ding" Darling Days at JN "Ding" Darling National Wildlife Refuge on October 15. The refuge, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), and Tarpon Bay Explorers (TBE) have planned a free day packed with activities for all ages from 9:45 a.m. to 3 p.m.

Following the 9:45 a.m. flag-raising ceremony presented by local Boy Scouts, the refuge will debut its new #LearningLav exhibits with a "toilet paper-cutting ceremony," followed by a reusable goodie bag giveaway for kids in the Refuge Visitor & Education Center, while supplies last.

All-new presentations this year will take place outside under the tent and inside the center. They include a live birds of prey program by CROW outdoors and a concurrent story and fish craft inside, a People and Panthers program by Florida Wildlife Commission, and another CROW live wildlife program titled Do's and Don't's of Animal Rescue. While it runs outside, Ambu Yoga and Supervisory Refuge Ranger Toni Westland will lead a



The Blue Goose, a refuge system icon designed by "Ding" Darling himself, will be on hand to greet visitors photo provided

Kids Animal Yoga program inside.

Also new this year, WaterVentures Traveling Lab touring, photo opportunities with the Shell Love Bug and fly fishing continued on page 14

## Specialists To Address Water Quality Issues



James Evans



Dr. Eric Milbrandt

photos provided

by Jeff Lysiak

The Environmental Awareness Committee of the Captiva Island Yacht Club will host a panel presentation and discussion entitled Sanibel-Captiva Current Beach Water Quality Issues on Tuesday, October 24 from

10:30 to 11:45 a.m.

During the presentation, three water quality specialists – James Evans, Dr. Eric Milbrandt and Dr. Erhard Jones – will share their findings and perspectives concerning the blue-green algae "bloom" that has affected Florida's estuaries, waterways and beaches so noticeably in the past year, and produced toxins that can harm humans, marine life and the environment along the gulf coast.

Evans, director of the City of Sanibel's Department of Natural Resources, will provide an overview of water quality concerns, explaining sources of the problem, proposed solutions and the status of related legislation.

"I think the greatest concerns right now are related to the amount of freshwater the estuary is receiving as a result of stormwater runoff from the Caloosahatchee watershed and Lake Okeechobee associated with Hurricane Irma," said Evans. "With large volumes of freshwater come high nutrient loads of nitrogen and phosphorus, lower salinity, high amounts of colored dissolved continued on page 8

## Host Band From Jazz On The Green To Play At BIG ARTS

by Di Saggau

Attention jazz lovers. Anyone who remembers the Sanibel Jazz on the Green concert festival will remember the Atlantean Driftwood Band. They were the founding and host band of the festival from 1981 to 1994 and are returning to Sanibel for the first time since the festival ended.

On Saturday, October 21, the Atlantean Driftwood Band will appear in concert at 8 p.m. in Schein Hall at BIG ARTS. Band leader Peter Graves said, "Bringing the band back after all these years is an amazing feeling. We went on to headline jazz festivals around the world, record award-winning albums, attain continued on page 24



A vintage photo of the Atlantean Driftwood Band as they performed at Sanibel's Jazz on the Green concert series

photo provided





All are welcome to bring their classic cars, trucks or motorcycles photo provided

### San Cap Motor Club Cruise-In This Saturday

The San Cap Motor Club will host its next Cruise-In this Saturday, October 7 from 9 to 11 a.m. at Periwinkle Place Shopping Center. No pre-registration is necessary. Bring your classic vehicle out for show or just stop by to see the exhibit. Club membership dues for the season are \$50 and include a club T-shirt that will be delivered in November. A



continental breakfast, coffee and other refreshments will be provided by The Blue Giraffe Restaurant. ✨

### GOLDEN ANNIVERSARY



Marvin and Gail Pokrant photo provided

Sanibel residents Marvin and Gail Pokrant are celebrating their 50th wedding anniversary on October 14. ✨

### American Legion Post 123



This Saturday and Sunday, October 14 and 15 is the 16th annual Oktoberfest celebration at American Legion Post 123. German fare is on the menu from 1 to 8 p.m. Stop by for sauerbraten, schnitzel, red cabbage, German potato salad, bratwurst and sauerkraut, plus the Legion's world famous potato pancakes. Sunday, October 15 is opening day of stone crab season (weather permitting). The freshest stone crabs on the island will be available for purchase starting 2 p.m. until they're gone. Get there early. Every Monday, 9-ball pool tournaments are played. New and returning players are welcome. On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The Ladies Auxiliary has cookbooks available. If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979. ✨

Join us for a family-friendly fundraiser that will feature two pigs roasted by the parents and staff of the Children's Education Center of the Islands.

**Saturday, October 14, 5-8 PM**  
**Children's Education Center of the Islands**  
**350 Casa Ybel Road.**

Event proceeds will help fund scholarships and facility improvements. Admission includes roasted pork, sides, and non-alcoholic beverages. Beer and wine available for a suggested donation.  
Event Information: 239-472-4538

Adults \$30 (in advance) \$35 (at the door) 🐷 Kids age 13 - 18 \$10 🐷 Kids 12 and under FREE

### Sanibel Historical Village

**Tickets are now on sale for an exciting historical adventure.**

JOIN THE SANIBEL HISTORICAL MUSEUM AND VILLAGE for a boat trip on the Lady Chadwick to Historic Useppa on Wednesday, November 1. Boarding begins at 4 p.m. from McCarthy's Marina on Captiva. The cost is \$20, and tickets must be paid for at the time of reservation due to limited space.

On the trip to Useppa, hear Rona Stage, executive director of the Useppa Historical Society, talk about the island's exciting history. Drinks will be available for purchase on the boat. Upon arrival, there will be a cocktail reception with hearty hors d'oeuvres, and everyone is welcome to tour the Useppa museum.

Please call or stop by the museum to purchase your tickets, Tuesday through Friday from 10 a.m. to 4 p.m. We can accept cash, check, Visa, or MasterCard. Questions? Call Emilie Alfino at (239) 472-4648.





Preschoolers Parker Stewart and Decker Jefferson with Ms. Cindy photo provided

# Pig Roast This Saturday At The Children’s Center

The Children’s Education Center of the Islands (CECI) invites community members to its 3rd annual Pigs in Paradise pig roast on Saturday, October 14 from 5 to 8 p.m. at the Children’s Education Center of the Islands, located at 350 Casa Ybel Road.

The family-friendly evening will feature pigs roasted in two different styles by CECI parents and staff. Admission will include roasted pork, sides, beverages as well as a milkshake and cookie bar. Beer and wine

will also be available. There will be a silent auction and a 50/50 raffle.

Tickets are \$30 in advance, \$35 at the door and \$10 for children ages 13 to 18. Children 12 and under are admitted at no charge. The preschool urges people to buy tickets in advance so they can get an accurate head count.

Proceeds from the event will help fund student scholarships as well as capital improvements to the facility.

The preschool, which opened in 1974, is a non-profit parent co-op which serves families who live or work on Sanibel and Captiva. It is open to children ages 12 months to 5 years.

For tickets to the event or to schedule a tour of the school, call Ms. Cindy at 472-4538.✪

# Anti-Bullying Forum For Youth And Adults

FISH of SANCAP is sponsoring BullySafe USA at Sanibel, an anti-bullying forum for youth and adults on Monday, October 23 from 5:30 to 8 p.m. at The Community House. Participants will learn to recognize bullying signs within any environment in which they may be involved. A light dinner will be provided.

Bullying has become a serious concern across the country. Parents, teachers and students are all working to help spread awareness and stop these heinous acts from occurring in their community’s backyard. In order to stop bullying, everyone in the community needs to get involved and stop turning a blind eye when they see an act of bullying.

“Two phenomenal facilitators will be leading the activities for the day. Mary Fischer and Jan Klein have national certification as trainers with Bully Safe USA and empower children and adults to take control of their lives and make our world bully free,” said Kathy Y. Monroe, MSG, FISH program director. “One of the goals of this forum is to help youth

to be able to identify bullying behavior, and to know how to seek help from an authority figure if they are being bullied or have observed others being bullied. It will also help educators, principals, counselors, parents, grandparents and community leaders understand how serious this issue is and give them strategies for prevention and intervention.”

For more information, contact Kathy Y. Monroe at 472-4775. RSVP by Wednesday, October 18.

The Community House is located at 2173 Periwinkle Way.✪

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Youth group students take some time out for fun with friends at Sanibel Congregational United Church of Christ photo provided

# Youth Group Begins Another Season Of Fellowship And Service

The youth group, CREW, formed at Sanibel Congregational United Church of Christ (SCUCC), meets on Sundays from 6 to 7:30 p.m. All middle school and high school students are invited to join in the fun, and bring a friend. Because the group emphasizes service, the students in CREW (Christians Ready, Equipped and Willing) choose projects that will help others. They also participate in outdoor games, meaningful discussion in a safe environment, and other fun-filled activities. This past summer, CREW members spent several days in Atlanta, accompanied by adults from SCUCC, to learn and serve as part of the youth program DOOR (Discovering Opportunities for Outreach and Reflection). Last spring, they filled disaster relief buckets with supplies for people to use in emergencies, and the buckets were recently delivered to a nearby community after Hurricane Irma. For

Valentine’s Day, they made and delivered cupcakes and cards to a number of residents at Shell Point. The CREW kids also participate in outings just for fun and fellowship. Most recently, they went to Headpinz for bowling, laser tag and other activities. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information about CREW, contact Dana Crater at danacrater@gmail.com or 400-1965. For more information about the church, call the office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).

# Youngsters Take A Closer Look



Boys exploring small critters photo provided

Summit Christian Preschool students examined a dragonfly and a lizard in their VPK program recently at Summit Christian Preschool at Sanibel Community Church, 1740 Periwinkle Way. For information about registration or a tour of the school, contact Andy Reidsma at the main campus at 482-7007.\*

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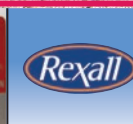
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## 2330 PALM RIDGE ROAD SANIBEL ISLAND, FL





Dozens attended last year's Pink Out Sanibel & Captiva gathering, which will return on Thursday, October 26 from 11 a.m. to 1:30 p.m. at Sanibel Fire Station #1

photo by Jeff Lysiak

## Picnic And Mobile Mammograms At The Pink Out

by Jeff Lysiak

The 6th annual Pink Out Sanibel & Captiva Islands – also known as Picnic at the Pink Out – will be held on Thursday, October 26 at Sanibel Fire & Rescue District Station #1, located at 2351 Palm Ridge Road.

The Radiology Regional Center Mobile Mammogram motorcoach will visit Station #1 between 11 a.m. and 1:30 p.m., while a picnic-style celebration will take place inside the facility. Tickets for the lunch – available at Bailey's General Store, FISH of SanCap and Cip's Place – are \$20

each, while breast cancer survivors may attend for free.

For the first time in the history of the event, Pink Out will be held on a Thursday.

"Over the past five years, we had been asked why we didn't do the event on weekday when more of our islanders (and) workers could attend. So we decided this year to move it to Thursday during the lunch hour so more of the community could come to the picnic lunch and join in the celebration," said Mary Bondurant, a Sanibel resident, realtor, breast cancer survivor and founder of the Pink Out gatherings. "We hope everyone will join us to celebrate."

Between 11 a.m. and 1:30 p.m. on October 26, the state of the art mobile medical vehicle – staffed by members of Radiology Regional Center – will be

offering on site digital mammogram screenings. While most medical insurance companies will cover the expense of the examination, the fee for women who are uninsured is \$125.

Sponsorships for individuals in need of mammograms are available for \$125 (the cost for an uninsured examination), and \$50 Hug sponsorships are also requested. Local businesses are asked to donate a raffle item. Non-perishable food items, which are being donated to FISH of SanCap, will also be accepted. To become a sponsor or make a raffle item donation, call Mary Bondurant at 839-3633.

Cip's Place, which is again sponsoring the event, will be serving traditional picnic food and refreshments.

Also for the first time, the Pink Out team will be bagging groceries for

tips every Saturday during the month of October at Bailey's General Store, located at 2477 Periwinkle Way.

"Richard, Mead and Callie Johnson always support us with the pink lemonade and water. I was looking for other ways to raise more awareness and donations," Bondurant explained. "Richard offered our group to come and bag groceries for tips. Last year, we did one Saturday and we raised great awareness and it proved to be very successful and fun."

Bondurant added that all are invited to come to Bailey's General Store between 9 a.m. and 5 p.m. any Saturday in October and donate their time to the cause. All volunteer baggers will receive a Pink Out T-shirt, which are also being offered for sale for \$10 each.

"Get your pink on and come out and support this great event," said Bondurant.

To make an appointment for a mammogram during Picnic at the Pink Out, call 936-4068. To purchase lunch tickets or sign up as a grocery bagger, email [PinkOutSanibel@gmail.com](mailto:PinkOutSanibel@gmail.com) or call 839-3633. For more information, visit [www.pinkoutsanibel.com](http://www.pinkoutsanibel.com) or the Pink Out Sanibel Facebook page. ✪

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Three-year-old class teacher Lora Lea Plummer helps a youngster perform an experiment about color photos provided

# Autumn And Art Are In The Air At Sanibel Preschool

Students at Sanibel Christian Preschool jumped right back in after returning from the unexpected break due to Hurricane

Irma. They spent a week learning about the season of autumn, as well as how some leaves change color during fall. The children first conducted experiments to see that combining two different paint colors changes both into a different color. Then, preschool director and VPK teacher Ana Abella and teacher Lora Lea Plummer worked with the students to identify drawings



A preschooler makes sure her brush is clean before choosing the next color to paint onto her leaves

of leaves from different trees. Students then designed their own color scheme for the leaves while refining their fine motor skills using either paints or markers, depending on each child's ability. Sanibel Christian Preschool still has openings for 2- and 3-year-olds and 4-year-old/VPK students. As an outreach to the community by Sanibel



A student ponders what color to add next Congregational United Church of Christ, the preschool welcomes families from all backgrounds, and scholarship help is available. Abella is a native bilingual Spanish speaker. For more information or to schedule a tour, contact Miss Abella at 472-0497, or visit [www.sanibelucc.org/preschool](http://www.sanibelucc.org/preschool).

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# Hurricane Irma Impacts Sanibel’s 2018 Budget

by Jeff Lysiak

Last Thursday evening, members of the Sanibel City Council unanimously approved the city’s budget for Fiscal Year 2018, passing an operating budget – \$60,033,596 – that is nearly four percent lower than the current budget while matching the 2017 millage rate of 1.9139.

About one dozen people attended the October 5 budget session at MacKenzie Hall, two days after the council held its first budget hearing, which had been postponed in the wake of Hurricane Irma. In fact, the impacts of the storm had a dramatic effect on this year’s budget.

According to the 2018 budget, prepared by Sanibel’s Finance Director Steven Chaipel and his staff, disaster

reserves from Fiscal Year 2017 have been partially utilized. While the federal and state reimbursement process has begun, it could be a lengthy process due to the number of resources deployed for several storms at the state and federal levels.

“Obviously, the hurricane has impacted our budget dramatically,” said Mayor Kevin Ruane, who explained that due to Irma, the council’s goal of getting back to last year’s rolled-back millage rate of 1.8132 couldn’t be accomplished. “But we were prepared. When I came here in 2004, we didn’t have an emergency fund.”

Sanibel’s taxable property value for 2018 has been preliminarily assessed by the Lee County Property Appraiser at \$5,045,986,503. The budget assumes approximately \$1.74 million of the city’s disaster reserves will be expended in fiscal year 2017 for recovery efforts related to Hurricane Irma.

Among the highlights of the city’s 2018 budget:

- Property values on Sanibel

increased 6.17 percent; overall, values have increased each year since 2013

- The city’s millage rate remains identical for the third consecutive year
- Outstanding debt decreased for the 11th straight year, from \$17,919,162 in 2006 to \$7,680,000 in 2017
- Sewer system outstanding debt also decreased for the 11th straight year, from \$51,240,287 in 2006 to \$15,810,271 in 2017
- \$200,000 has been budgeted for the design and permitting of the Center 4 Life

“The city continues to reduce its total debt, through annual debt service payments and opportunities for refinancing at more favorable interest rates,” the 2018 budget document reads, in part. “The budget for the Sanibel Recreation Center is consistent with the city council authorized cap previously established at \$1.4 million. Programs and operations are adjusted to operate within the preapproved support.”

Prior to the start of last week’s budget session, the council held an emergency

meeting during which they approved a 15 percent increase in membership fees for the Sanibel Recreation Center, along with a 15 percent hike for some user fees. Those fees will become effective on October 15.

Also, on October 3, council members passed a resolution to establish a revised schedule of rates for the Sanibel sewer system, which will provide a four percent increase in residential, commercial and reclaimed water rates, along with an ordinance to increase the fee for a “B” parking decal from \$99 to \$124, a “BC” parking decal from \$198 to \$248, and the fee at city beach parking lots from \$4 to \$5 per hour.

Once the budget was approved, Ruane took time to thank members of the city’s staff for their assistance and hard work before, during and after the September 10 storm, as well as for their contributions to helping the city maintain an effective budget. “I’m pleased with what we’ve been able to do,” he added.\*

From page 1

## Water Quality

organic material (resulting in very dark water) and potentially harmful bacteria. Low salinity, high nutrients and high color can have a very negative impact on the ecology of the estuary. High bacteria levels can have human health impacts if they exceed state and federal guidelines for human contact.”

Milbrandt, director of the marine laboratory for the Sanibel-Captiva Conservation Foundation (SCCF), will describe how water quality is monitored and the marine lab’s use of the Estuary Coastal Observing Network (RECON), an array of instruments with near real-time sensors throughout the Caloosahatchee Estuary and Pine Island Sound.

“Even though rainfall in the watershed has tapered off, the Army Corps of Engineers and South Florida Water Management are releasing water from a rapidly filling Lake Okeechobee to the Caloosahatchee to make capacity for any upcoming tropical activity,” said Milbrandt, who noted that flows in the wake of Irma are five times higher than

those known to cause harmful impacts to the lower estuary. “Unusual observations of freshwater plants and fish stranding on the Sanibel Causeway indicate that salinities are so low that critical habitat such as seagrass and oyster reefs are experiencing high mortalities.”

Jones, an environmental engineer and professor emeritus at the University of Wisconsin, will serve as moderator.

Asked what some of the short-term and long-term solutions to improving water quality might be, Evans explained that there are local and regional components to the question.

“Locally, we can implement projects that will hold more water on the landscape and reduce nutrient-rich stormwater runoff,” he said. “It is also important to continue to convert areas within the Caloosahatchee, Lake Okeechobee and Kissimmee watersheds from septic to central sewer. Regionally, most of the short-term solutions to reducing freshwater discharges from Lake Okeechobee are policy changes that favor flood control within the Everglades Agricultural Area over protecting the coastal estuaries of the Caloosahatchee and St. Lucie.”

Evans also said that the long-term solution is to complete the Comprehensive Everglades Restoration Plan (CERP) in a timely manner to provide the storage needed to reduce the high and low-flow impacts to the estuary and coastal waters of Lee County.

Milbrandt also offered some solutions to the water quality dilemma.

“Short-term solutions include decreasing the use of fertilizers and pesticides on your landscape and using drought tolerant native landscapes,” he said. “Preventing excess nutrients from entering the bay and estuary through storm drains is imperative. Engage your lawn company and landscapers to create a landscape that requires no extra fertilization or pesticides. Support projects, like Jordon Marsh, that create functional wetland habitats wherever possible. Discourage redevelopment that increases hard parking lots or pavers.”

Over the long-term, Milbrandt explained that solutions include the need for storage of water throughout the Caloosahatchee, south of Lake Okeechobee and north of Lake Okeechobee. “Write the governor and explain how the losses of estuarine

habitat decreases your value of real estate, and family enjoyment and to fund projects that create storage such as the C-43 reservoir,” he added.


An interactive discussion will follow their comments. Attendees are invited to bring questions and join the conversation because good water quality is essential for good health and abundant marine life. The presentation is free and all are welcome to attend.

For those who cannot attend the panel discussion, Evans said that there are several things members of the public can do in order to push for water quality solutions.


“They should hold their local, state and federal representatives accountable for completing the projects that are needed to improve water quality,” Evans said. “We need continued help from our local businesses, contractors, realtors and others in our community to get the attention of state and federal lawmakers so that they implement the projects and policies that are needed to improve our water quality.”

The Captiva Island Yacht Club is located at 15903 Captiva Drive. For more information, call 472-4133.\*

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USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.  
Postmaster: Send change of address to Island Sun,  
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
Published every Friday for the people and visitors of Sanibel and Captiva Islands.  
Distribution: 8,000 - 10,000 per week (seasonal).  
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class  
U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150  
one year, six months \$75 (Allow 3-5 days for delivery).  
Prices include state sales tax. Send subscription requests to:  
Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
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NEWSPAPER  
Sanibel & Captiva Islands

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## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-4646

### FIRST CHURCH OF CHRIST, SCIENTIST

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### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8 and 11 a.m.

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### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service and 10 a.m. Service with Sunday School and nursery care. 2050 Periwinkle Way 472-0497

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559

San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.✱



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# Sanibel Historical Village Re-Opening Next Week

The Sanibel Historical Museum & Village will re-open on Tuesday, October 17, and will be open Tuesdays through Saturdays from 10 a.m. to 4 p.m.

"We're planning exciting programs this season, including a boat trip to historic Useppa and four Twilight Talks," said Executive Director Emilie Alfino. "Our annual gala fundraiser is scheduled for February 19. Watch the local newspapers for specifics. We look forward to seeing old friends as well as welcoming return guests."

Some of the events scheduled for this year include three Twilight Talks (All About Francis Bailey, Sanibel Restaurants of Yesteryear, and 55 Years After the Causeway). There is also a boat trip to historic Useppa on November 1.

There will be a Luminary celebration in December, and a Free Admission Day in June. New volunteers are always needed at the village. Training begins on November 6 and 13. Interested people are encouraged to call 472-4648. "There are many different things for volunteers to do, so anyone can find a comfortable spot among our village family," Alfino said.

The Sanibel Historical Museum and Village opens for season October 17. Hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m. Full guided tours take place at



Historic Burnap Cottage circa 1898

photo provided

10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18. Members and children are free.

For more information, call 472-4648 during museum hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

## Church To Offer Seminar Series

Sanibel Community Church will offer the seminar series Surviving the Holidays from 5 to 7 p.m. on Mondays, October 23 and 30 and November 6 and 13, in Room 130 (located near the walkway to Jerry's Foods).

When you are grieving a loved one's death, the holiday season can be especially painful. GriefShare's Surviving the Holidays seminar can help you through this stressful period. The seminar features practical suggestions and reassurance through video interviews with counselors, grief experts, and others who have experienced the holidays after their loved one's death.

Topics to be discussed include how to deal with hard-hitting emotions, what to do about traditions, helpful tips for surviving social events, and where to find comfort, strength and hope for the future.

Those who attend will receive a survival guide filled with practical tips, encouraging words, journaling ideas and exercises for daily help throughout the holiday season. Participants are welcome at any and all sessions.

For more information, contact Jim



image provided

and Diana Eriksson at 865-386-6337 or call the church office at 472-2684.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, visit [www.sanibelchurch.com](http://www.sanibelchurch.com).

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We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

## Gavin-Walker Documentary In Production

The first Sanibel Legacy Trail plaque was dedicated recently to the history of the Gavin-Walker families, the island's pioneer black citizens. That weekend, a large reunion celebrated their 100-year history on the island.

Now, a feature-length documentary is in production, and will premiere on March 27 at The Community House. More than a dozen interviews have been conducted with family members,

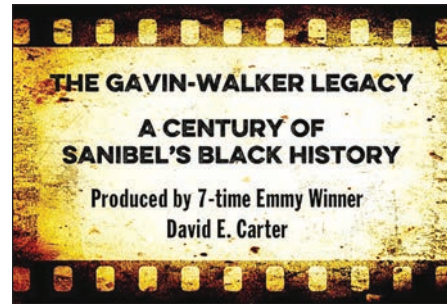


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and an extended series of interviews is now in process with Eugene Gavin, the family historian.

The project is being produced by seven-time Emmy winner David E.

Carter, Sanibel filmmaker with a long history of documentaries on the island. Carter's first two Emmy Awards were for a documentary on Lou Dials, a legendary player in baseball's old Negro Leagues.

Sponsors are being sought for the Gavin-Walker project. Four title sponsors will get a PBS-style commercial in the program, as well as their logo on the DVD cover, and other benefits. Title sponsorship is \$2,500. Credit sponsorships are \$500 each (payable over five months), and the sponsor gets a listing in the show credits. For more information about sponsorships, contact Yvonne Hill at 464-9925.\*

## Poet's Corner

selected by Tanya Hochschild

### Summer 2017 - Florida

by Tanya Hochschild

September was a violent month,  
hurricanes with their accomplice, the  
sea, attacked.  
and occupied us.  
We fled our barrier island but could not  
escape -  
the mainland was not safe.  
We sat glued to the weather channel  
where we became unstuck  
as we watched chaos tear off roofs,  
flood homes, wreck lives..  
Sustained winds brought waves, tidal  
surges  
and never-ending rain, never ending  
rain.

Trees toppled, stop signs flew - there  
were no birds.  
No cry of gulls,  
lights went out, winds howled..  
sea and sky hurled water.

days later, back on our island,  
a handwritten sign "Welcome Home,"  
fed our hearts  
empty as the landscape.  
Trees on their sides, as if trampled by a  
herd of rogue elephants.  
Debris and gaping holes in homes  
Shady avenue of pines lay in broken  
heaps,  
Roots, drying, dying, in the piercing  
sun.

The clean-up began, people picked up  
pieces  
Told tales, shared stories -  
But, no-one, alone or together,  
Could say just how wild it was.  
How shattered they felt.

Now, the night sky undisturbed  
stars are in their place,  
once again, our hearts respond,  
waves gently curl before they slap the  
sand..

An ibis pecks at the ground  
in rhythm to a chainsaw's sound,  
traffic accumulates,  
"snowbirds" and roseates return to their  
refuge.

Life on the island begins again.

Tanya Hochschild is member  
of a Sanibel Writers Group, has  
participated in Artpoems and Writer's  
Reads on the island, and had two  
books published.\*

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Bruce Jones celebrates with Gretta Livermon, Daniel Tison, Eden Fautz, Caroline Muddell and Andy Sullivan photo provided

## Island Families Celebrate Fiesta Night At Church

It was a night of celebration as families gathered at Sanibel Community Church for the first LOGOS Night on October 4. The theme was Fiesta Night. There was high energy throughout the afternoon as the children experienced recreation, crafts, music, a lesson,

walking tacos for dinner, and finished up with a musical chair-style Mexican hat dance.

Families with children ages 3 years old through fifth grade gather each Wednesday in Fellowship Hall from 3:30 to 6:46 p.m. for a family style meal, centered around a theme. The children strive to have the cleanest and best behaved table.

Sanibel Community Church is located 1740 Periwinkle Way. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✱

## The Community House

### Kitchen Guild

On Saturday, October 14 from 10 a.m. to noon, there will be special programming for Kitchen Guild and Community House members. Prepaid registration is \$20. Class will begin with various knife sharpening methods and knife skills. Then, chef Jarred Harris will show you how to turn your regular soups and sauces into gourmet meals.

### Culinary Class

On Sunday, October 15 from 4 to 6 p.m., there will be a chef demonstration. Cost is \$35. On the menu will be mulligatawny soup with vegetable samosas, zucchini and onion bhaajis, chicken tikka masala with basmati rice, and vegetable korma.

### Foodies And Yogis

A new series begins on Saturday, October 21 at 4 p.m. focusing on healing herbs and spices. The first topic is Lavender, Lungs & Life Force. Learn easy steps to beat stress, manage pain and anxiety, induce rest and optimize health. Start with a beginner friendly yoga session led by certified yoga therapist and lifelong holistic health educator Dr. Susan Pataky, followed by a meal prepared by chef Jarred Harris. On the menu for this course is chilled lavender and melon soup, salad of chargrilled vegetables, baby arugula and lavender infused olive oil poached fish, and a chocolate, lavender and honey tart. Cost is \$49 prepaid at least 72 hours in advance.

### Shell Crafters

Shell Crafters are needed every Monday and new members are welcome. Shell Crafters meet each Monday throughout the year working with shells in all types of displays. Lessons are free and are taught at 10 a.m. Participants pay for their own supplies. Everything made by the Shell Crafters is sold daily by the Sanibel Community Association and at the annual shell festival in March. All profits support operations of the non-profit historic Community House.

### Beading With Shells

Beading with Shells will be held on Wednesday, October 25 from 9 a.m. to noon. Cost is \$35 for members and \$40 for non-members. In this class, you will learn how to combine beading with shells, sea biscuits and other gifts from the sea

to create a lasting memento from Sanibel. Anita Gober is the instructor. You can view some of her work at Pandora's Box.

### Potluck Dinner

There will be a potluck dinner on Wednesday, October 25 from 6 to 8 p.m. with Steve Cucura of Fruitscapes. Bring a dish to share (appetizer, entree, side dish or dessert) that serves six or more and your own beverage. A \$10 donation is appreciated.

### Pumpkin Carving

There will be a pumpkin carving demonstration with chef Jarred Harris on Sunday, October 29 from 4 to 6 p.m. Learn to roast pumpkin seeds and make pumpkin spice cake with citrus glaze and ginger whipped cream.

### Fall Family Festival

Volunteers are needed for the Fall Family Festival, which will be held on Tuesday, October 31 from 5 to 7 p.m. Families are invited to stop by for trick or treating, carnival games and a hay ride. Admission is one bag of candy. Costumes are encouraged.


### Colorful Sips

Sissi Janku's Colorful Sips painting class returns Monday, November 6 from 7 to 9 p.m. No experience is necessary. Students will explore exciting new ways to paint with acrylics. Bring your favorite snack or beverage. Registration can be completed online. Cost is \$45 for members and \$55 for guests.

### Wines One

Sanibel wine educator Tom Uhler will present his introductory/intermediate wine class to benefit The Community House on three Tuesday nights from 7 to 9 p.m.; November 7, 21 and 28. Uhler provides insight on purchasing, storing, serving and enjoying wine, with an emphasis on matching wine and food. Maximum of 30 participants. Cost is \$135 per person for the three evening series. Participants will taste over a dozen wines. Many will be paired with food from Sanibel Catering Company by Bailey's, sponsor of the courses.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✱



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# Local Figs



**Native strangler fig's berry-like fruit is edible for wildlife and people**

photos by Gerri Reaves

by Gerri Reaves

Fresh fig season is beginning in the grocery stores – a good time for people who love figs like black mission and calimyrna that are shipped from faraway places.

Figs also grow in South Florida but never show up in the produce department. Only a couple of figs, or ficus, species are native – and birds and other wildlife, not people, consume the fruit.

But other figs are invasive species, with Indian laurel, or laurel fig (*Ficus microcarpa*) being the most familiar.

Native strangler fig (*Ficus aurea*) has winning attributes, despite the off-putting common name, especially if the tree began life as a seed in the ground, not as a bird-deposited seed in the canopy of another tree.

Also known as golden fig for the yellow unripe fruit, it's a fast-growing excellent shade tree and is



**Banyan fruit is a food source for birds**

storm-resistant.

This species is known for “colonizing” other trees and eventually killing them by shading them out and out-competing them for resources.

The cabbage palm (*Sabal palmetto*) is a common target of its aerial roots, which, over time, encircle and engulf the host tree.

The strangler's small stalk-less orange-red berry-like fruit is a food source for many species of birds and mammals and is also edible for people. The tree fruits all year, mostly in spring, and is the host plant for the ruddy daggerwing butterfly.

The beautiful and sprawling banyan tree (*Ficus benghalensis*) is a favorite of many South Floridians.

A native of India, the banyan can grow to enormous size, developing outward via its famous prop roots that eventually develop into trunks.

Both its larger leaves – five to 10 inches long – and the larger reddish fruit help to distinguish it from the strangler fig.

The figs are bright red and only about a half-inch in diameter, or about the size of a cherry. They are edible but reportedly not very tasty.

Strangler and banyan figs might be small, but they are fascinating worlds



**The fruit of non-native climbing fig is toxic**

unto themselves. They are pollinated by specialized wasps that enter the hollow fruit to access numerous purple flowers within.

Like other ficuses, climbing fig (*Ficus pumila*), a woody vine native to Southeast Asia, has fast-growing aggressive tendencies, and the vine forms a kind of hanging-jungle effect.

Its fruit is not berry-like, but pale green, fleshy and about the size of a hen's egg.

However, this is not a fig you want to think about eating. The seeds and plant

parts are poisonous and handling the fruit can irritate the skin or cause allergic reactions.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; Frederic B. Stresau; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; [www.asla.org](http://www.asla.org); <https://plants.ifas.ufl.edu/>; [www.regionalconservation.org](http://www.regionalconservation.org); [www.swbiodiversity.org](http://www.swbiodiversity.org); <http://hort.ufl.edu/>; and [www.floridata.com](http://www.floridata.com).

*Plant Smart explores the diverse flora of South Florida.\**

From page 1

## Family Fun Day

demonstrations by Sanibel Fly Club will be available throughout the day. “Ding” Darling’s Monofilament Busters will also be exchanging environmentally friendly fishing weights for toxic lead weights that participants can bring that day.

Other Sunday highlights include all-free narrated TBE tram tours of Wildlife Drive (based on availability), archery skills clinics (for ages 10 and older), a butterfly house, face painting, hot dogs and music by the Sanibel School Steel Drumming Band and the 97.7 Latino Hits Van.

“We estimate the value of this free event to be up to \$75 for a family of four,” said “Ding” Days Committee Co-chair Toni Westland. “But the value of family- and nature-bonding? You can’t put a price tag on that.”

Continuous free shuttle service will run from the refuge’s tram parking



**The Lee County VCB's Shell Love Bug will be on display**

photo provided

lot on Sanibel-Captiva Road (look for signs).

For more information on other events during the upcoming “Ding” Darling Days week, October 15 to 21, visit [www.dingdarlingdays.com](http://www.dingdarlingdays.com) or call 472-1100, ext. 4.\*

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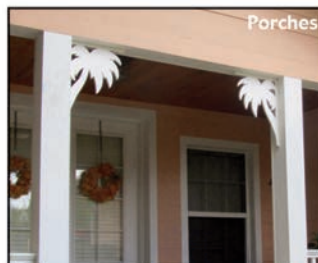
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## Hints Of Fall Fishing



by Capt.  
Matt Mitchell

October is a big transition month for fishing in our area and generally the first noticeable break from the high humidity of a long steamy summer.

Pelagic fish such as mackerel, bonita, ladyfish and jacks have already started that move down the beaches in hungry schools, as our water temperature has cooled just enough to fire off the annual southern-bound bait migration.

Over the past weeks, we are seeing much more bait appear in the bay as the change of season has begun. Snook and redfish are taking advantage of this huge amount of bait and have begun to pack on extra calories before the winter cools them off. Although water temperatures have not dropped enough yet to push these fish back into the mangrove creeks yet, snook are making that slow move

from the beaches and passes to oyster bars, mangrove islands and shorelines throughout the middle sound.

Catching 50 to 100 snook on a charter once you locate them has not been unusual. Sitting on one favorite oyster bar in the middle sound this week for almost a hour, my anglers had a snook bite on almost every cast while throwing live shiners. This kind of action is what our fall fishing is all about. Though the majority of these snook are in the 20- to 24-inch range, I can't think of a better way to start a trip off than with multiple double snook hook-ups. Sprinkle in a few keeper redfish in these same areas, and you have a very memorable day on the water.

Dark stirred-up water from what seems like never-ending Hurricane Irma runoff along with a windy week has not slowed the bite. If anything, it's made it better. The amount of bait and life in this nasty-looking coffee-colored water is amazing... talk about nutrient-filled water. In this dark-stained water, gamefish feed almost by smell and vibration much more than by sight.

With our water temperature now in the low 80s, fishing action will only continue to improve. I'm often asked what water temperature our best fishing happens. I'd have to say in the mid to



Sharks are only part of a mixed bag of species we see all fall

photo provided

high 70s, which we get to experience in both the spring and fall. Despite how bad our water looks, the fishing when I have been able to get out due to the wind and weather issues all week has been really good.

The mixed bag of species available to anglers will only continue to get better as we move further into fall. Be prepared with a variety of bait and tackle when heading out to take full advantage of what a day's fishing may offer. You never quite know what species may appear from day to day during this

exciting time of year. From tarpon to sharks, cobia and king mackerel, every species that visits our area is on the table for the next couple of months. Being prepared when a opportunity arises is often the difference between seeing and catching.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). ☆

## Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.



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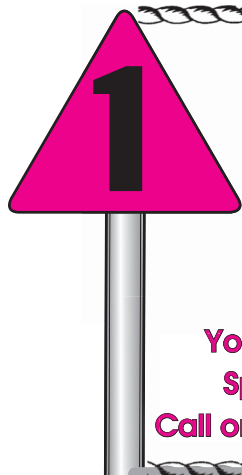
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## Sanibel Sea School Offering Surfing Lessons

submitted by Leah Biery

On Tuesday afternoons in November, Sanibel Sea School will offer surfing lessons for students in grades 1 through 5. Participants will have an opportunity to learn how to surf for the first time, or to improve their existing skills.

"In this program, we will teach proper paddling techniques, how to maneuver the surfboard through the water, and how to pop up and catch a wave," said Director of Education Nicole Finnicum. "Surfing is a great way to connect with the ocean in an active way, and we think every Florida kid should know how to do it," she added.

Sanibel Sea School will pick students up from the Sanibel Recreation Center at 3:15 p.m., or parents can drop them off at Sanibel Sea School's Flagship Campus, located at 455 Periwinkle Way. Pick up is at the Flagship Campus at 5:30 p.m. Participants can register for individual classes for \$20 each, or sign up for the four-week series at a discounted rate of \$75.

To learn more about the Sanibel Sea School and to register for classes, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).



Drew Barron catches a wave

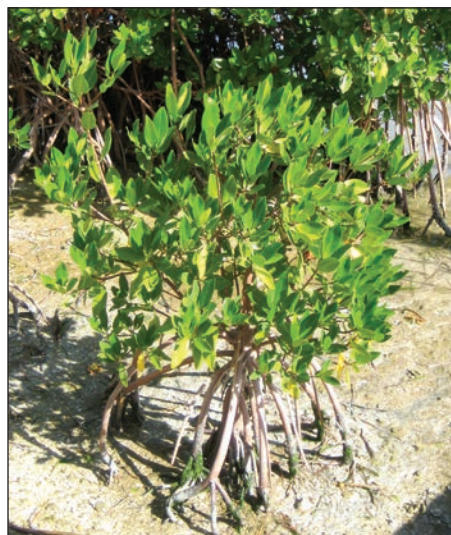
photo provided

## Programs At SCCF



Chuck LeBuff posting a sign at an early SCCF office, pre-Nature Center

photo provided



This mangrove tree is dependent upon the tide to carry its seedlings to a new growing area

photo provided



Mangrove prop roots headed for the muddy substrate to help support its growth

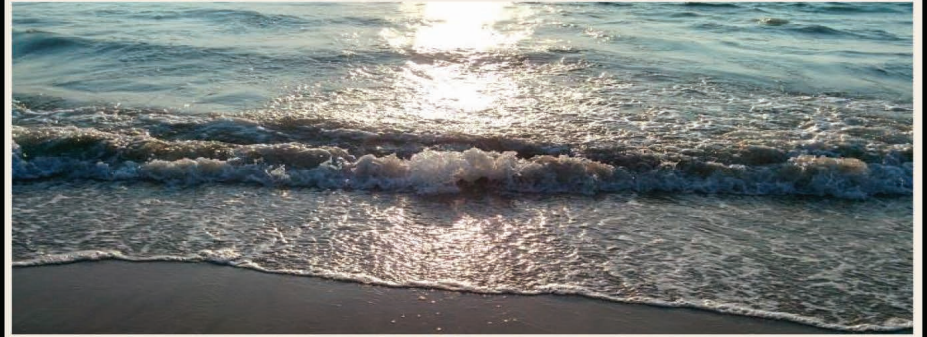
photo by Maggie May

Theodore Roosevelt.

Programs are held in SCCF's Nature Center.

Call 472-2329 for more information on these programs. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

## LEARN ABOUT Beach & Water Quality Issues ENVIRONMENTAL EDUCATION



TUESDAY, OCTOBER 24<sup>TH</sup>  
10:30 – 11:45 am



### Captiva Island Yacht Club will host a panel discussion "Sanibel-Captiva Current Beach Water Quality Issues"

Three distinguished panelists, all specialists on water quality, include Director James Evans, City of Sanibel Department of Natural Resources; environmental engineer

Dr. Erhard Joeres; and the director of the Marine Laboratory of the Sanibel Captiva Conservation Foundation, Dr. Eric Milbrandt. Join this engaging interactive session to learn what is being done to mitigate the toxic effects of blue-green algae on the water along the Gulf Coast and the Sanibel-Captiva beaches—so we can restore our sparkling beaches!

For more information contact  
the clubhouse at 239-472-4133.



CAPTIVA ISLAND YACHT CLUB



Shell Of The Week

# Yellow-Spot Scallop



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

I am including this entry for the Yellow-spot Scallop, *Spathochlamys benedicti* (Verrill & Bush (in Verrill), 1897), hoping to find from the readers of this column whether anyone has found it on local beaches. The species, which has a broad distribution in the western tropical Atlantic Ocean, is known from samples collected offshore of Sanibel, in depths around 90 feet. This species, at about 0.5 inches in size, is one of the smallest scallops from our part of the Gulf of Mexico. The shell has about radial 40 ribs, which are sometimes festooned with a row of spine-like scales. The color is very variable, ranging from off-white, yellow, orange, brownish, sometimes mottled with angular spots. Learn more about local mollusks at [www.shellmuseum.org/shells/southwest-florida-shells](http://www.shellmuseum.org/shells/southwest-florida-shells).

## Shell Museum Events

Daily programs included with paid admission include movies, live tank



The Yellow-spot Scallop, *Spathochlamys benedicti*, from offshore Sanibel Island

photo by José H. Leal

talks as well as arts and crafts. Call 395-2233 for times.

Beach Walks: Information and registration at [www.shellmuseum.org](http://www.shellmuseum.org).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✧

## Hawk Watch At The Lighthouse This Sunday

Audubon of Southwest Florida will hold its 14th annual Sanibel Lighthouse Hawk Watch with Vince McGrath on Sunday, October 15 at 8 a.m. Bring your camera, field

glasses, sunscreen and a folding chair. Dress appropriately for the weather. There is a short walk from the parking area to the lighthouse.

Meet at the Sanibel Lighthouse parking lot (beach side) at 112 Periwinkle Way. Beginner to advanced birders, either members or nonmembers, are welcome. A \$5 donation is appreciated. Parking fees apply.✧

## Stroll The Bailey Homestead Preserve

Every Tuesday and Wednesday, walks are offered at the Sanibel-Captiva Conservation Foundation (SCCF) Bailey Homestead Preserve, located at 1300 Periwinkle Way.

On Tuesdays at 9 a.m., meet on the porch of the Native Landscape and Garden Center and take a stroll through the native plant demonstration landscape and the kitchen and herb gardens. Take home a new wildflower for your yard and sip tea from the gardens in the kitchen of the old house while listening to live bluegrass on the porch.

On Wednesdays at 10 a.m., meet at the kiosk at the Shipley Trail head for Making the Land Work. The kiosk is immediately to the left as you enter the Bailey Homestead Preserve. Take this hour walk to learn about SCCF's 50 years of island conservation as well as how the islands and island life have changed since the Bailey family homesteaded this property. Enter the house and learn which rooms are part of the original 1896 structure then buy some island honey and listen to bluegrass on the porch.

For more information, call 472-2329 and ask for Dee or visit [www.sccf.org](http://www.sccf.org). Cost is \$5; no charge for SCCF members.✧

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## CROW Case Of The Week:

## Gray Catbird

by Bob Petcher



An adult gray catbird (*Dumetella carolinensis*) is so called because of its chirp, described as a “catty mew.” In fact, the catbird is related to the mockingbird – an animal known for

its heckling nature – and has the habit of mimicking songs of other birds, then combining those echoes into a creative new song.

Traditionally, the gray bird with a black cap is not afraid of predators. When approached, the catbird becomes aggressive by flapping its wings and flashing its tail while making a defensive sound.

Gray catbirds are known as energetic hoppers, bouncing from one branch of a tree to another within vegetation in a secretive manner. They are hesitant to fly across open areas and would rather engage in short hops to get to where they would like to go.

When it comes to feeding, gray catbirds like to forage on the ground by searching for insects under fallen leaves. They do search trees and shrubs for berries, however.

At CROW, a gray catbird was admitted last week with symptoms of a window strike. CROW medical staff

reported the patient had head tremors and a neurological condition called ataxia, where there is a lack of voluntary coordination of muscle movements. When first admitted, the patient was medically cleared for nystagmus, an involuntary movement of the eyes. But, after a veterinary check a day later, it was detected. However, the condition was resolved during the past weekend.

“The bird is ataxic, which means he has uncoordinated movements and has difficulty balancing itself, (but) it still has some level of voluntary control of its movements,” said Dr. Robin Bast, CROW veterinary intern. “It can grip with its feet and can attempt to take short flights but easily becomes unbalanced and falls over.”

Dr. Bast stated that both the nystagmus and the ataxic condition can be clinical signs of head trauma. While the catbird did not have any punctures or open wounds, it was missing a small patch of feathers on its dorsal skull.

“Given the small bird’s patch of missing feathers on the top of its head and its neurologic symptoms, we are suspicious of head trauma, possibly due to a window strike,” she said. “If the head trauma is not severe, these neurologic signs should resolve over time with supportive care as the brain swelling resolves. In severe cases, neurologic signs may persist and be permanent, which would render the bird non-releasable.”

The patient has been given subcutaneous fluids and pain medications. It is being checked daily to reassess its neurologic status. One positive sign for the bird’s recovery is its retained ability



Patient #17-3446 will need time to recover from neurological issues before CROW medical staff deems it releasable

photo by Brian Bohlman

to grip well with both feet, which is “a sign that its spinal cord is not significantly impaired,” said Dr. Bast.

“Time and supportive care will tell. Clinical signs associated with head trauma can take several weeks and, in some cases, months to completely resolve,” she said. “The bird has shown improvement over the weekend. Its nystagmus – abnormal eye movements – has resolved, and it is slowly regaining more coordinated movements.”

Patient #17-3446 has begun to eat on its own, another good sign of neurologic improvement. Since intake, it has gained some weight and remains bright, alert

and responsive. Future release status may hinge on further improvement.

“The patient must be able to make coordinated flights and landings, and prove that he can navigate around obstacles prior to being released,” said Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✱



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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or [dwaszmer@crowclinic.org](mailto:dwaszmer@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, October 13, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW’s animal ambassadors will be present.

**Monday, October 16, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife

rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.

**Tuesday, October 17, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Tuesday, October 17, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

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**Wednesday, October 18, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, October 18, 11 a.m.,** adults \$12, ages 4 to 12 \$7,

age 3 and under no charge – Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida’s wildlife, playing an important role in the function of a healthy ecosystem. One of CROW’s animal ambassadors will be present.

**Thursday, October 19, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, October 19, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a “keystone species.” CROW’s presenter explains why they are admitted and how the medical staff treats this species. One of CROW’s animal ambassadors will be present.✧

## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it’s Dan Confrey.


**Mucky Duck** on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it’s John McLane.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays.


**Traders Gulf Coast Grill & Gifts** has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker. Dusk performs on Saturday and Wednesday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.✧*





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Shell Found



Frankie photo provided

Linda Linsmayer's dog Frankie, whose namesake is St. Francis of Assisi, the patron saint known for encouraging us to love all people and creatures great and small, found an extraordinary lion's paw on the Chateaux Sur Mer beach.✽✽

Shell Found



April and Grant Lombardo photo provided

April and Grant Lombardo, vacationing from Drums, Pennsylvania, found their first junonia while shelling on the east end of Sanibel.✽✽

Shell Found



Ruth and Jeffrey Chin photo provided

Ruth and Jeffrey Chin, visiting from New Jersey, found a large lightning whelk on Cayo Costa, while on a trip with Captiva Cruises.✽✽

Shells Found



Vance and Becky Clearwater photo by A. Ziehl

Becky Clearwater, visiting from Columbia, Missouri, found a Florida cone and an alphabet cone on Sanibel's Lighthouse Beach while staying at West End Paradise. "We were doubly excited to find two types of cones this trip," said Clearwater. "We always enjoy shelling the Sanibel/Captiva beaches."✽✽



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## The Community House

# The Sweet Potato And The Yam

by Resident Chef Jarred Harris

The terms "sweet potato" and "yam" are often used interchangeably in recipes and at the grocery store. In fact, they are two different root vegetables.

The sweet potato is a member of the morning glory family and native to Central and South America. This root vegetable has flesh that comes in an array of colors; red, white, purple, orange, pink, violet and yellow. At the beginning of the 20th century, sweet potatoes were the second most important root crop in America.

The true yam is related to the lily and is



native to Africa and Asia. It is the tuber of a tropical vine and not related to the sweet potato at all. The yam is much sweeter and larger than the sweet potato, with far less nutritional value. This root vegetable can grow over seven feet in length and weigh over 150 pounds.

It is believed that the word yam comes from the African term "nyami," which

means to eat. African slaves began calling the sweet potato "yam" because it reminded them of the true yam. Therefore, the sweet potato is called yam across the southern parts of the country.

The true yam can be found in Caribbean and Latin markets, while the sweet potato is readily available in most supermarkets.

Here is a delicious recipe for you to try, using sweet potatoes or yams.

## Scalloped Sweet Potatoes

Ingredients (serves four)

2 pounds sweet potatoes (thinly sliced)

16 ozs. can heavy cream

2 tbslp. ground nutmeg

Kosher salt

Method

Preheat oven to 375F

In an oblong baking dish, arrange 1/4 of the sliced potatoes in a shingle pattern.

Lightly salt and sprinkle a pinch of nutmeg after each layer.

Place another layer of sliced potatoes on top of the previous layer and lightly salt and sprinkle a pinch of nutmeg.

Continue the process until all the potatoes are in the baking dish.

Pour the heavy cream on top of the potatoes and cover with foil. Place the foil covered dish on a baking tray and place in the oven.

Bake for 45 minutes, then remove foil and bake for an additional 15 minutes.

Remove from oven and serve.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel.

For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✱

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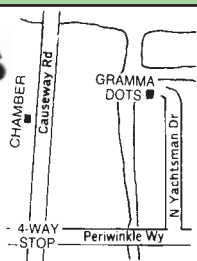
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## Shell Found



Donna Gieser photo provided

Donna Gieser of Carol Steam, Illinois was the lucky recipient of a gift from the sea recently. She and her family have been coming to Captiva for 15 years, since she was 3 years old, so she has been shelling on Captiva for most of her life.

She finally found the jewel of the sea, a beautiful junonia. She was out shelling in front of Tween Waters Inn at low tide on the morning of October 8. Just as she and her family were about to head in, her treasure rolled up in front of her. ✨

## Shells Found



Greg Bergamo photo provided

Greg Bergamo found a large horse conch, a paper fig and top shell while walking the east end beach after Hurricane Irma. There were many large horse conchs and he and his wife returned the live ones to the water. Bergamo and his wife moved to Fort Myers three and half years ago. They have been coming to Sanibel for over 20 years. ✨

## Shells Found



The pear whelk and alphabet cone found by Chris and Carianne Kempf

photo provided

Chris and Carianne Kempf found their first alphabet cone, which was in near perfect condition. They also found a large pear whelk. The Kempfs were staying at Sanibel Arms West. In their correspondence, they signed off with, "Peace, love, shells." ✨

## A True Patriot



Liam Suslick photo provided

Liam Suslick practiced the Pledge of Allegiance recently at Summit Christian Preschool. Children at the preschool learn at an early age the importance of patriotism.

For information about registration or a tour of the school, contact Andy Reidsma at the main campus at 482-7007.

Summit Christian Preschool is located at Sanibel Community Church, 1740 Periwinkle Way, next to Jerry's Market. ✨

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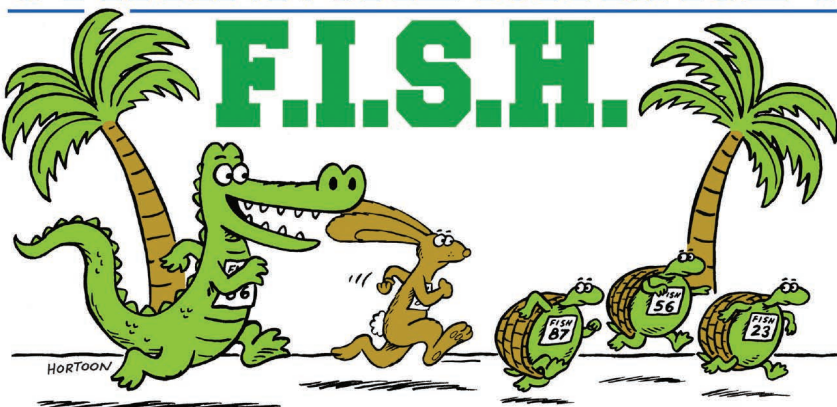
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# Sanibel Sea School Winter Camp Programs



Campers walked to the beach during Sanibel Sea School's 2016 program photo provided submitted by Leah Biery

Sanibel Sea School will offer two weeks of camp for 6- to 13-year-olds over winter break. Flip Out for Penguins Week will be held December 26 to 29 and Going Polar for Polar Bears Week will be held January 1 to 5. Each week will include field-based games and activities centered on a common theme – the biology and behavior of penguins and polar bears. A Counselor In Training (CIT) program will also be offered for 13- to 18-year-olds who would like to develop their leadership skills.

Winter camp participants will have a chance to surf, snorkel, make ocean art from natural materials, and drink plenty of hot chocolate. Polar Bear Week campers

will take part in Sanibel Sea School's annual Give Your Worries to the Sea ceremony. "On New Year's Day, we write our troubles on scraps of paper and burn them in a bonfire," said camp coordinator Nicole Finnicum. "After that, we toss the ashes into the ocean and play in the water, symbolically letting go of our worries. It's the perfect way to begin a new year, and always a favorite activity among the kids."

For more details about these camp programs and how to register, go to [www.sanibelseaschool.org](http://www.sanibelseaschool.org). Winter Camp registration will open at 10 a.m. on Saturday, October 21. If you would like to receive camp updates and reminders via email, send a request to [info@sanibelseaschool.org](mailto:info@sanibelseaschool.org).

From page 1

## BIG ARTS

a coveted number one on the jazz charts and appeared in jazz clubs such as the Iridium in New York City and the Blue Note in Tokyo, on multiple visits. On a personal level, I don't feel I ever left. I still have friends here and my family and I have visited over the years and will continue to do so. On top of that is the pride in watching the development of so many of the players and what they have accomplished together and individually. It's an amazing lineup of talent."

Graves talked about the popularity of jazz over the years. He said, "Obviously compared to the popular genres, jazz is a small part of the music world, but jazz lovers are passionate and dedicated, so

there will always be a following as far as I'm concerned. Schools have played a large part in the survival of jazz. Just look at the enormous number of schools with thriving jazz departments and, I must say, the quality of the young players today is just astonishing."

He talked about what to expect in the program on October 21. "The band has always been more of a contemporary big band. We still play some mainstream traditional jazz, but I always envisioned the band as leaning on the contemporary side. We'll be playing a mix of blues, including Jimmy Smith's *Back At The Chicken Shack*, original tunes by writers in the band including a brand new tune I haven't even heard yet by Gary Lindsay, *Return to Sanibel*. With Dr. Ed Calle being a long-time member of the band, and his recently winning a Grammy



Marianne Charlton photos provided

## Hibiscus Plant Sale This Saturday

The James E. Hendry Chapter of the American Hibiscus Society will be holding a hybrid hibiscus plant sale on Saturday, October 14 from 2 to 4 p.m. (or until they are all sold) at the Salvation Army Building, located at 10291 McGregor Boulevard in Fort Myers.

There will be 480 hybrid hibiscus available for purchase from small plants for \$15 to larger ones for \$25. There is a special pricing for members. Join the chapter the day of the sale for your discounted prices. These beautiful plants are being provided by Big Bad Flower out of Sarasota. Growing advice will be available during the sale from the chapter members who are experts on growing hibiscus referred to as "Queen of the



**Tiger Lily**

Tropics." These hibiscus are grown on their own roots and are easy to maintain. Some of these plants will grow blooms over eight inches and are in just about every color of the rainbow.

Members of this hibiscus chapter will be available for any questions. There will be information available on how to care for hibiscus, plus books, pruning shears and fertilizer for sale. Admission and parking are free. This is a good opportunity for Southwest Floridians to add to their hybrid hibiscus collection and to replace the ones you may have lost during Hurricane Irma.

This plant sale will be the fourth of its kind for this chapter. The society meets at Berne Davis Gardens, located at 2166 Virginia Avenue in Fort Myers on the second Sunday of each month at 1:30 p.m. The next meeting will be held Sunday, November 12.

For more information, visit [www.hendrychapterahs.com](http://www.hendrychapterahs.com) or call 848-7090.

Award, we'll be playing his hit recording of *Me & Mrs. Jones* in addition to featuring him on a number of other songs including *Padre Pedro*.

"Jaco Pastorius, who was our original bass player in the early '70s and went on to an astonishing solo career, left an indelible mark on our band, as well as the rest of the music world, and his music has been a part of our library for 45 years. We will be playing some of the music from that library as well. In addition, Dana Paul will be featured on a number of the songs we played at the Sanibel festival, as well as on some things he has sung with the Jaco Pastorius Big Band. There's also a surprise in store with a local island favorite."

Graves was asked what it is about jazz that makes it unique from other music? He said, "One of the first things that

comes to mind is the enormous talent that it takes to play jazz properly. The skill set level is similar to that required to play in a major symphony orchestra. It takes years of dedication to get to the level of the band you'll see on stage on October 21. Another is the improvisational nature of jazz. We could play the same set of songs night after night, and the improvisation would change the character of the presentation every time."

There you have it, what to expect on Saturday, October 21 starting at 8 p.m. in Schein Hall at BIG ARTS, when The Atlantean Driftwood Band returns to Sanibel. Tickets are \$50 for loge seating and \$45 for general seating. To purchase tickets, visit [www.bigarts.org](http://www.bigarts.org), call the box office at 395-0900 or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel.

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From left, Mick Denham, Paul Tritaik and Mike Baldwin helped remove the tarp unveiling the new interpretive kiosk at Perry Tract, located at Sanibel's Gulfside City Park

## Kiosk Debuts At Gulfside City Park

by Jeff Lysiak

A new interpretive kiosk at Perry Tract, the only shoreline property that belongs to the JN "Ding" Darling National Wildlife Refuge complex on Sanibel, was unveiled last Friday morning at Gulfside City Park.

The four-plus-acre Perry Tract lies adjacent to the park and is named for ophthalmologist and malacologist Dr. Louise Merrimon Perry. Upon her passing in 1962, she donated her winter home property to the U.S. Fish & Wildlife Service to maintain as a safe haven for wildlife.

According to project coordinator Sarah Lathrop, associate director of the "Ding" Darling Wildlife Society, the idea behind the kiosk came about two years ago after members of Dr. Perry's family contacted the refuge.

"When we talked to the family, they shared so much information about their family's history with us," said Lathrop. "So when the Beach & Shoreline grant (a cooperative program between the Lee County Tourism Development Council and the Lee County Visitor & Convention Bureau) came up, we thought we would be an excellent candidate for it."

With support from the "Ding" Darling Wildlife Society-Friends of the Refuge, the TDC/VCB grant and in partnership with the City of Sanibel, the interpretive kiosk's three panels pay homage to Dr.



Sarah Lathrop, associate director of the "Ding" Darling Wildlife Society, unveils the panel explaining the Perry family's history

Perry and identify wildlife, shorebirds and seashells found on the beach and around the property's pond, which is closed to the public. Shell castings and a replicated sea turtle nest add a hands-on element to the exhibit.

Born in Asheville, North Carolina on August 20, 1878, Dr. Perry grew up to become an eye doctor. In 1915, she married tobacconist Nelson R. Perry, and with him established a winter home

on Sanibel called Spindrift. During her retirement, Dr. Perry provided free eye exams for more than 1,300 schoolchildren.

While living on Sanibel, Dr. Perry studied and collected marine shells, authoring the first paper on the subject in Southwest Florida. "The abundance and variety of southern Florida molluscan fauna is unexcelled by any other in America, and

continued on page 39

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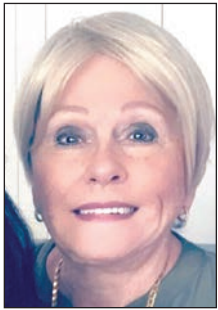
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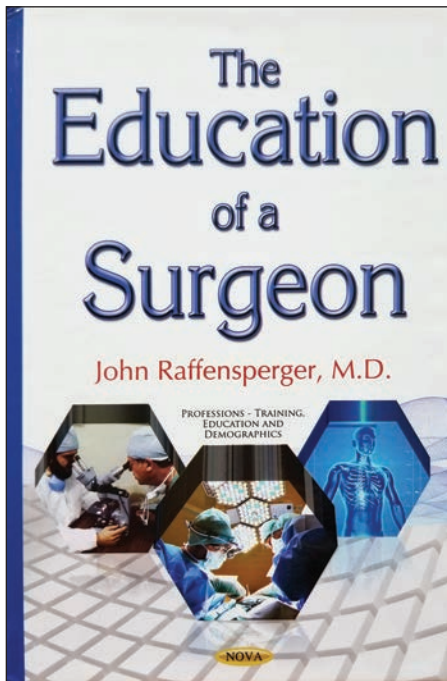
## Book Review

# The Education Of A Surgeon



by Di Saggau

Sanibel author and retired surgeon John Raffensperger has been on a roll. He has had five books published in one six-month period. Today, I'm going to talk about *The Education of a*



*Surgeon*, a book I read some time ago in a pre-publication manuscript when John asked me to write a "blurb" for the back of the book. It reads: "A compelling and candid account of how surgeons learn and refine their skills. John Raffensperger shares successes and failures, advances in medicine and surgery, the faults in today's system, what we might learn from health care systems in other countries, and the pitfalls of hospital politics. Written in layman's terms, we learn how some patients leave dents in the armor worn by caring, capable surgeons and how the others make up for defeat. At times heartbreaking but always inspiring, I was left with a renewed respect for the profession."

In his introduction, John talks about an infected cut in his hand, in 1940, at the age of 12. A family physician removed a wood chip and charged five dollars for his work. Today, John says, a nurse or a doctor in a clinic would have referred him to a hand surgeon who would probably do a CT scan or X-rays before removing the wood chip. The total cost would be several thousand dollars, with a good portion going into the pockets of executives in the health care industry. Obviously, John does not pull any punches with his opinions.

Another lengthy "blurb" on the back cover by a noted physician states: *The Education of a Surgeon* is a candid narrative of more than forty years in

practice and teaching of a pioneering pediatric surgeon, infused with historical perspective of medical education and medical practice over centuries around the world. Dr. Raffensperger has done it all over those years, developing new procedures, teaching medical students and residents at the bedside and serving as surgeon-in-chief at a leading center for pediatric surgery, the Children's Memorial Hospital in Chicago. He describes clearly the transformation of a service-oriented medical profession from the 1950s to today's fragmented, corporatized profit-driven system that has reduced patients' choices, become unaffordable for many Americans, and falls short of quality standards compared to other advanced countries. His concern for patients' welfare shines through the book as he calls for

fundamental reforms based on a single payer national health insurance. All who are concerned about health care, including their own, will find this a useful and fascinating read."

These two testimonials tell you what the book is about and why you should consider reading *The Education of a Surgeon*. John has also written *The Complete Diaries of Young Arthur Conan Doyle*, a three-book volume. All three diaries start with a medical diagnostic problem, and there are operations, criminal problems, most with a medical background in all three stories. He also has the E-book *Don't Hang My Friend* available on KOBE or Amazon. It tells a story of how medicine was practiced during the 1870s. I'll be talking about these books in the near future.✱

## School Smart



by Shelley M. Gregg, NCSP

**D**ear Shelley, Even though the hurricane has passed and things are back to normal at our house, my younger children still seem anxious. What can I do to

help them? I'm starting to see issues arise for them at school.

Paul V., Fort Myers

### Paul

Clearly the hurricane has been a substantial stressor in all of our lives in Southwest Florida, and your kids may be continuing to feel the anxiety that it created. Children and adults, for that matter, have anxiety for a variety of reasons. Regardless of who we are, everyone feels anxiety at various times throughout life, especially children who have experienced a natural disaster and then realize that dangerous things are very real and sometimes out of our control. Some childhood worries are typical of development, while others indicate a greater problem and, at times, it's difficult for a parent to differentiate between the two.

Here are some suggestions and guidelines to gauge the level of anxiety you are seeing with your children and, if it's appropriate, to get some mental health counseling.

If your child's natural reaction to most new situations is anxiety, it may be helpful to seek counseling to help your child develop more appropriate strategies for dealing with stress.

If there has been a significant stressor in your child's life, counseling for a brief period of time can help your child deal with the situation. This will also model appropriate ways of dealing with stress when future stressors arise.

If your gut tells you there is a problem, seek help. Usually parents have a good sense of this. Parents sometimes worry that they are just being overanxious and making something out of nothing. It's better to be overly cautious in this regard than to dismiss your intuitive observations.

Anxiety in children should not be ignored. Children who are anxious are developing maladaptive thought patterns that are much more difficult to break in adulthood. It's never too late to make changes in oneself, and the earlier one begins to break the patterns of anxiety, the easier it is. Also, having chronic anxiety in childhood makes one much more likely to develop an anxiety related disorder in adulthood.

Be it you or the counselor who teaches your children how to express their emotions regularly (the most important coping skill for anxiety); be assured that it's a good idea. You will be giving your kids the tools and strategies to deal with stress as a life skill.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

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## Top Ten Books On The Island

1. *Little Fires Everywhere* by Celeste Ng
2. *Alice Network* by Kate Quinn
3. *We Are Never Meeting in Real Life: Essays* by Samantha Irby
4. *Another Sanibel Sunset Detective*

by Ron Base

5. *Origin* by Dan Brown
  6. *How to Find Love in a Bookshop* by Veronica Henry
  7. *Lilac Girls* by Martha Hall Kelly
  8. *Cuban Affair* by Nelson DeMille
  9. *Cuba Straits* by Randy Wayne White
  10. *Manhattan Beach* by Jennifer Egan
- Courtesy of MacIntosh Books and Paper.✱



# Sanibel Library Announces Author Series

The Sanibel Public Library has announced its 2018 Author Series lineup. The library, partnering with the Sanibel Public Library Foundation, Inc., is celebrating more than a decade of success in bringing high caliber, best-selling authors to the library. Past guests of the series include Joyce Carol Oates, Sue Monk Kidd, Jodi Piccoult, Clive Cussler, Lee Child, Dennis Lehane, Frances Mayes, Erik Larson and Margaret Atwood.

Due to the Your Library Reimagined remodel project, this season's Author Series events will be held at The Community House and Sanibel Congregational United Church of Christ.

This season's Author Series begins with Amor Towles, *New York Times* bestselling author of *Rules of Civility* and *A Gentleman in Moscow*. Towles will speak at The Community House at 7 p.m. on Monday, January 29. The Community House is located at 2173 Periwinkle Way. Online ticket requests begin at 9 a.m. on Friday, December 29 via the Sanibel Public Library's website at [www.sanlib.org](http://www.sanlib.org).

Towles graduated from Yale College and received a master of arts in English from Stanford University. His first novel, *Rules of Civility*, was a *New York Times* bestseller and was named by *The Wall Street Journal* as one of



Amor Towles photo by David Jacobs

the best books of 2011. The book has been translated into 15 languages, its French translation receiving the 2012 Prix Fitzgerald. In the fall of 2012, the novel was optioned by Lionsgate to be made into a feature film. Towles's second novel, *A Gentleman in Moscow*, was on *The New York Times* bestseller list for more than 20 weeks in hardcover and was named one of the best books of 2016 by *Chicago Tribune*, *The Washington Post*, *Philadelphia Inquirer*, *San Francisco Chronicle* and NPR. The book is being translated into over 20 languages, including Russian. Having worked as an investment



Christina Baker Kline photo provided

professional for more than two decades, Towles now devotes himself fulltime to writing in Manhattan.

The next speaker in the library's Author Series is Christina Baker Kline. Her most recent *New York Times* bestseller, *A Piece of the World* (2017), is about the relationship between the artist Andrew Wyeth and the subject of his best-known painting, *Christina's World*. Kline has written six other novels – *Orphan Train*, *Orphan Train Girl*, *The Way Life Should Be*, *Sweet Water*, *Bird in Hand* and *Desire Lines*. Her 2013 novel *Orphan Train* spent more than two years on *The New York Times*



Mary Alice Monroe photo by Mic Smith

bestseller list, including five weeks at #1, and was published in 40 countries. In addition to her novels, Kline has commissioned and edited two widely praised collections of original essays on parenthood, *Child of Mine* and *Room To Grow*, and edited a book on grieving, *Always Too Soon*. She is coeditor of a collection of personal essays called *About Face: Women Write About What They See When They Look in the Mirror*, and is co-author, with her mother, Christina Looper Baker, of a book on feminist mothers and daughters, *The Conversation Begins*. Her writings continued on page 46

## Programs At Sanibel Library

Weekly Children's Programs with Youth Service Librarian Deanna Evans continue in October at Sanibel Public Library.

Geared specifically for children in fourth through sixth grade, the After-school Clique meets on Tuesdays at 3p.m. Children can "meet" new books, plus puzzles, games, crafts and other activities. A snack is provided.

Family Storytime is offered for young readers and their caregivers on Wednesdays at 10 a.m. and again at 1 p.m. This all-ages program helps develop pre-reading skills through songs and stories.

The After-School Crew (for children in kindergarten to third grades) meets on Thursdays at 3 p.m. Explore favorite books, new books, never-knew-existed books, puzzles, games and crafts. A snack is provided. Dog-loving children can to Bessie, a bearded collie who is a Reading Education Assistance Dog. Bessie will be at the library on rain-free Thursday afternoons at 4 p.m.

The weekly children's program calendar is available at [www.sanlib.org](http://www.sanlib.org). Learn a new language with Mango's interactive training that provides step by step lesson plans for 71 different languages, including ESL. Locals and visitors of all ages are invited to stop by Sanibel Public Library to learn how to use Mango and the other apps that are available at no extra charge using your library card. Sanibel Public Library cards are available to all residents of Sanibel and Lee County, Florida, at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483, or visit online at [www.sanlib.org](http://www.sanlib.org).



Mango Languages learning at the library photo provided

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- Community tennis, swimming pool
- **\$659,000** EUR €559,313

## 12. Pointe Santo Gulf Front Unit - Sanibel

- 2 BR/2 BA Direct Gulf Front Condo
- Community pool, tennis, excellent rentals
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## 3. Shell Harbor - Sanibel

- 2 BR/2 BA plus den, Gulf access sea wall canal home
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## 7. Near Beach Lakefront Home – Sea Oats Sanibel

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## 9. Gulf Access Canal Home – Sanibel

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# Biology Intern Joins Refuge Staff

Biology intern Taylor Gosselin recently joined the JN “Ding” Darling National Wildlife Refuge, thanks to funding from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).

Gosselin graduated from the University of Maine in May 2017 with a bachelor’s degree in wildlife ecology and a concentration in wildlife management. The Greene, Maine native worked during the summer under a master’s student program conducting a bat acoustic survey across Nebraska.

“I haven’t explored much of Sanibel yet, but so far I really enjoy the beaches with a multitude of shells, as well as short walks to my car where several lizards will scurry away,” said Gosselin. “The baby alligators on the Indigo Trail are also a bonus.”

DDWS provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns and resident volunteers with free housing.

“Our interns bring youthful energy, enthusiasm, and creativity to the refuge team,” said DDWS Supervisory Refuge Ranger Toni Westland. “At the same



Taylor Gosselin photo provided

time, the program gives recent graduates an opportunity to learn hands-on about the environment and refuge operations.”

For more information about the refuge internship programs, contact Westland at 472-1100 ext. 237. To support the internship program, contact DDWS Executive Director Birgie Miller at 472-1100 ext. 4.✪

# Administration Manager Appointed

The Sanibel & Captiva Islands Chamber of Commerce has appointed Mitch Orr as its new member administration manager. Orr stepped into his new role on September 5 and succeeds Steve Ehrhart, who is retiring after 13 years.

“I look forward to the networking opportunities and building relationships within the business community,” said Orr, who has worked on Sanibel for the past couple of years.

Orr appreciates the Sanibel-Captiva chamber’s commitment to its community as it complements his commitment to serve our country. He joined the Fort Myers Army National Guard three years ago.

“I always wanted to serve my country, yet further my career. So, the National Guard was a perfect choice,” Orr said.

His 3-265th Air Defense Artillery Battalion was one of the first units activated in Operation Noble Eagle, a disaster relief operation post Hurricane Irma.

“We spent 17 days in search and rescue missions, shelter operations, and handing out supplies in affected areas



Mitch Orr photo provided

from Central to Southwest Florida,” Orr said. “It was a humbling experience and I’m honored to have been a part of it.”

A Colorado native, Orr has lived in the area for five years and married his wife, Bekah, a little more than one year ago.

“We are pleased to welcome Mitch to our team,” said John Lai, incoming chamber president. “He brings valuable customer service and teamwork skills to his position.”✪

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# New Intern On Board At Refuge

Intern Amanda Brooks recently arrived to help the JN “Ding” Darling National Wildlife Refuge with manpower shortages in the coming year, thanks to funding from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).

Brooks graduated from St. Lawrence University in Canton, New York in May with majors in environmental studies and English and minors in art and art history. The Westford, Massachusetts native worked last summer as a research technician on a plant biology experiment at the Cedar Creek Ecosystem Science Reserve in Minnesota. She now serves as a shared-use intern for DDWS and the refuge.

“My grandmother used to live on Sanibel, so I’ve actually been visiting the island for as long as I can remember,” said Brooks. “It’s one of my favorite places in the world, and the ‘Ding’ Darling National Wildlife Refuge has always been the coolest place on the island for me as I love searching for wildlife on the drive. Everyone at the refuge and the society are so friendly and helpful, so I have felt immediately welcomed. I know it’s going to be a great place to work.”

DDWS provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns and resident volunteers with free housing.

“I am really looking forward to



Amanda Brooks photo provided

learning more about working for a nonprofit friends group that works to support a national wildlife refuge which I grew up visiting and loving,” Brooks added. “As a child, I had no idea how much places like ‘Ding’ Darling rely on private donations, so it will be great to be a part of the work that goes into promoting the refuge and helping to support it.”

For more information about internship programs, call Supervisory Refuge Ranger Toni Westland at 472-1100 ext. 237.✪





LCEC Killa-Watts performing at Taste of the Cape photo provided

# Killa-Watts To Perform At Taste Of The Islands

The LCEC Kill-Watts will be providing live entertainment for CROW's 36th Taste of the Islands on Sunday, November 12 from 12 to 5 p.m. Admission is \$7, children under age 12 are admitted at no charge.

The LCEC Killa-Watts is a unique musical group. Started as a small fundraiser a few years ago, the band has grown to benefit many causes throughout the Southwest Florida community.

"I have worked in the utility industry for many years and I love this work."

At the same time, I love the joy that music brings to people's lives. When an opportunity to bring the two together came about, I knew it was something that would make a difference," said band leader Rusty Snider.

The core Killa-Watts members have been true to the mission of making music, having fun, and helping those in need by sharing their talent at little or no cost to help raise funds for worthy causes. In the past, they opened for Lee Greenwood for a veterans fundraiser, played dozens of United Way and chamber of commerce events, and supported efforts to fight cancer, heart disease, diabetes and other worthy causes.

For more information about Taste of the Islands, visit <http://www.crowclinic.org/articles/36th-taste-of-the-islands>.\*

## BIG ARTS Monday Night Film Series

### *I, Daniel Blake*

by Di Saggau

The BIG ARTS Monday Night Movie for November 20 is *I, Daniel Blake*. Daniel Blake is a 59-year-old widowed carpenter who relies on Welfare because a recent heart attack has left him unable to work. In spite of his doctor's diagnosis, British authorities deny Daniel's benefits and tell him to go back to his job. That leaves him navigating with the state bureaucracy to get his old job back. During the process, Daniel develops a strong bond with a destitute, single mother who is struggling to care for her two children.

*I, Daniel Blake* won the Palme d'Or at Cannes a while back. It's a slice of British working-class life. Dave Johns, is known in England as a comedian. He delivers an astonishingly moving turn as the title character. The target of the film is privatization. The social workers and employment people Daniel works with at the jobs office are all hired by an American contractor. All Daniel is trying to do is try to return to a life of dignity and productivity.

This is a powerful, beautiful and sometimes depressing drama about dignity in the face of humiliation. It's also about humanity in the face of insensitive bureaucracy and about demanding respect and decent treatment for all, not just those who can



pay for it. The film runs 100 minutes. Moderator is Barbara Ruben.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson, *Island Sun*. BIG ARTS is located at 900 Dunlop Road. Tickets are available at [www.BIGARTS.org](http://www.BIGARTS.org), or at the door or by calling 395-0900.\*



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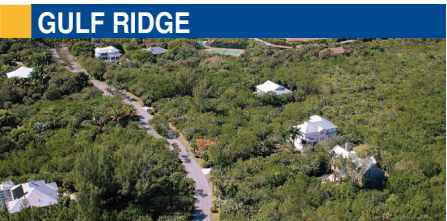


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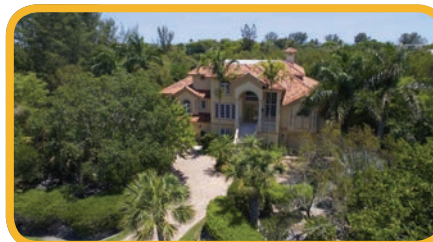
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From left, Szilvia Wiebe of Bank of the Islands, CECI Director Cindy DeCosta and bank teller Susan Schulte photo provided

## Bank Sponsors Children’s Center Fundraiser

Bank of the Islands is returning as a Gold Sponsor for Pigs in Paradise, the Saturday, October 14 fundraiser benefiting Children’s Education Center of the Islands (CECI). The event is designed as a family-friendly celebration and will be held on CECI’s campus at 350 Casa Ybel Road from 5 to 8 p.m.

“Since 1999, the Children’s Center

has provided more than \$322,000 in scholarships to children of working parents, in addition to quality early learning opportunities,” said Bank of the Islands Assistant Vice President and Sanibel-Captiva Office Manager Willy Ocasio. “Events like Pigs in Paradise give them the means to do that.” This year’s Pigs in Paradise will include a traditional pig roast, an auction and other fun and games for all ages. Tickets are \$30 in advance and \$35 at the door. They are being sold at CECI and in Bank of the Islands’ Sanibel office at the corner of Periwinkle Way and Casa Ybel Road.\*



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## Social Media Intern Joins Agency

Nationally renowned brand development agency NOISE Inc. has added Kate Stone as social media and client services intern. She will assist NOISE clients in social media copywriting, engagement campaigns and project management services, while participating in the firm’s business expansion efforts.

Originally from Illinois, raised on Sanibel Island and a 2017 graduate of Florida State University, Stone will primarily work with agency President John Sprecher and Senior Vice President Emily Kettner with ad copywriting, social media communications and other travel, tourism and consumer brand assignments.

“We look forward to Kate’s contributions to the success of our clients,” Sprecher said. “Her professional talents and people skills will be a win-win for everyone.”\*\*



Kate Stone photo provided

## Superior Interiors Define Your ‘Line’



by Trinette Nelson

An understanding of what constitutes good design is essential if your decorating project is to be successful. The whole purpose of spending time, thought, effort and money on decorating your home is to make it as attractive as possible.

True, comfort and convenience are just as important, but these are more specific and usually easier to come by. The things a home must have to be comfortable are quite concrete; the things that make it attractive are harder to define. This is where good design comes in, as well as working with a professional. To put it very simply, good design attracts and pleases the eye, bad design repels it. And design – either good or bad – is made up of line, form and composition. Line is the beginning point of all design, because it establishes shape or form.

While we’re all somewhat aware of lines, have you ever considered how lines influence mood? You can set the theme of a room by your choice of lines. This is because the human eye involuntarily travels the length of a line, and different lines give different impressions.

Horizontal lines are restful. They create a feeling of relaxation and informality, probably because a horizontal position is associated with sleeping. Contemporary styles in furniture are often based on horizontal lines.

Vertical lines are formal. They create a feeling of strength and regularity, especially when repeated. They’re undoubtedly associated in our minds with an upright position, thus signifying alertness and conventionality.

Circles and squares are static. The eye recognizes these shapes at a glance. Stars and flowers patterns that fit into circles and squares are also static.

Rectangles and ovals give an impression of motion. This is because the eye involuntarily travels around them due to their less regular shape.

Controlled curved lines are gay and romantic and almost always have a lighthearted look. If you want a light and romantic look in your new room, use furniture designed around controlled curves.

Free form curves reflect the flowing lines of nature. These irregular forms are considered contemporary. Just as controlled curves have a fanciful effect, free-form curves create a casual, free and easy mood.

Diagonal lines usually create a disturbing element, unless supported by opposing diagonals or by verticals to give them strength. A variety of diagonal lines used together produces a very busy look, which is often unsettling.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindeciden.com](mailto:linda@coindeciden.com).\*\*

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From left, Zonta President Nancy Dreher, FISH Case Manager Nilza Lopez, FISH Program Manager Kathy Monroe and Zonta Foundation Treasurer Robyn Moran photos provided

# Zonta Provides Hurricane Relief Funds

submitted by Sue Denham

The Zonta Club of Sanibel-Captiva and its foundation follow carefully developed rules and guidelines as they raise and distribute funds – over \$100,000 this past year – to organizations that improve the lives of women and girls, locally and globally. But in a pinch, Zontians say, rules can be creatively bent.

“Our annual grants process is under way, but the grants do not go out until January,” said Zonta President Nancy Dreher. “At our first meeting after the hurricane, club members expressed concerns about the organizations we serve, and what could be done to help them immediately. We came up with the idea of offering smaller, one-time

donations now to organizations suffering unanticipated losses due to the storm.”

The funds, she said, would come from the total set aside for local grants to be made during the current cycle.

After Zontians went quickly to work contacting the organizations approved for grants this year, grants committee representatives met to consider the requests, and the foundation board voted to approve emergency donations of \$500 each to those with the most immediate needs. Two island organizations that provide services to women and girls, both of which are facing special challenges in the wake of Hurricane Irma, received their checks in person.

“For right now, we must re-stock our food pantry,” said Maggie Feiner, CEO of FISH of SanCap. “We have also been called on to help with medical bills and rent.”

That sentiment was echoed by Melissa Rice, executive director of



From left, CHR Housing Administrator Alycia Auchterlonie, Robyn Moran, Melissa Rice and Nancy Dreher

Community Housing & Resources.

“Some CHR tenants lost income due to reduced hours, or are not working at all if their employers have not re-opened,” Rice said. “We are working with each individual case to address the situation.”

Both also commented that mandatory evacuations had incurred further unexpected costs for those they serve.

In addition to personal visits to FISH and CHR, Zonta mailed \$500 checks to these Lee County non-profits: Abuse Counseling & Treatment, the PACE Center, Dress for Success, Children’s Network, Parent University, the Heights Center, Healthy Start, Dr. Ella Piper Center and OILE (Organisacion Internacional de Latinos en el Exterior of SW Florida).

Immediate needs, according to reports from these organizations, range from replacing lost food items to transportation assistance to purchase of practical items such as clothing, diapers

and household supplies. Many of their clients also face lost income or job loss altogether.

“We are so pleased that Zonta was able to respond so quickly and help just a little with the huge losses so many organizations and their clients are facing,” Dreher said. “These wonderful organizations do such good work with so little. This outcome is a testament to Zontians’ willingness to dig in and help when help is needed.”

Zonta’s formal grants process will continue through the fall; final applications have gone out to 17 organizations in Southwest Florida that provide critical services to women and girls. For these essential grant funds, Zonta relies on the annual Peek at the Unique home tour. Planning for the next one, set for Saturday, March 10, is already under way.

For more information on Zonta, its services or to donate, visit [www.zontasancap.com](http://www.zontasancap.com).



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## Realtors Working Together To Help Hurricane Victims

In early September, continuing the Sanibel & Captiva Islands Association of Realtors 2017 Working Together to Make a Difference campaign, the communications and public relations committee accelerated an ongoing summer project to collect travel-size toiletries.

In cooperation with Florida Realtors, plans were to prepare Totes of Hope for Hurricane Harvey victims. But when Hurricane Irma struck, it created needs closer to home. As a result, on September 21, the many donations from realtors, business partners, families and friends were sorted and packed into a variety of individual gallon-sized zip closure bags with toiletries, snacks and recovery items organized to support families, couples, individuals and children.

Thanks to the many contributions, on September 23 and 24, more than 130 totes and several boxes of supplies were delivered to storm victims in Southwest Florida and the Keys.

In other news, Fall Into Christmas – the association's next campaign – is preparing to get under way. The organization has supported Friends Who Care since it began in 1983, with donations for many of those years collected by realtor Karen Bell. Friends Who Care provides assistance during



Sorting donations, from left, are realtor Deb Gleason, Sanibel & Captiva Islands Association of Realtors MLS Director Matt Alston, CEO Bill Robinson, and realtors Kelly Huguenin and Cathie Lewis

photo provided

the year to needy community families with gift cards for food, gas and school supplies. Just before the Christmas holidays is when realtor association members traditionally collect and contribute unwrapped toys, gift cards and cash donations.

This year, association support will continue with a different twist. On

November 8, the public relations and communications committee, assisted by the special events committee, will jumpstart the season's fundraising efforts with an after-hours member gathering they are calling Fall Into Christmas. Association members' cost of admission will be to bring an unwrapped toy, gift card or donation.

If you also want to contribute to Friends Who Care and help this fundraiser become a success, contact your realtor or any association member and they will include your contribution.

Watch for the realtors next Working Together To Make A Difference progress report in November.\*

## Volunteers Needed For Taste Of The Islands

The Clinic for the Rehabilitation is in search of volunteers for the 36th Taste of the Islands, which will be held on Sunday, November 12 at Sanibel Community Park from 12 to 5 p.m.

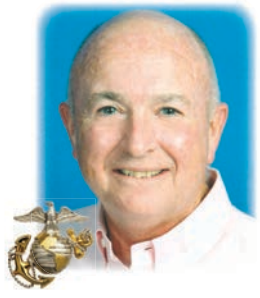
Volunteers are needed to work in three-hour shifts before, during and after the event in areas including set-up/tear down, sales, guest services, rovers and parking.

All volunteers will receive admission to the 36th Taste of the Islands and a volunteer T-shirt.

To become a volunteer, complete the volunteer form, available online at [www.crowclinic.org/articles/36th-taste-of-the-islands](http://www.crowclinic.org/articles/36th-taste-of-the-islands) and submit it to CROW by Friday, October 27. After submitting the form, you will be contacted by CROW to discuss assignments, responsibilities and answer any questions.

For more information, contact Robin Miller, volunteer coordinator, at [volunteers@crowclinic.org](mailto:volunteers@crowclinic.org) or 472-3644 ext. 231.\*

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# Kiwanis Club Is Title Sponsor For Fundraiser

Sanibel Captiva Kiwanis is the Title Sponsor for the 3rd annual Pigs in Paradise fundraiser for the Children's Education Center of the Islands, which will be held on Saturday, October 14.

"We are proud to have the continued support of the Kiwanis Club. We know that we can count on their support," states Cindy DeCosta, executive director of the Children's Education Center of the Islands.

The fundraiser helps support CECI's Scholarship Program, allowing all children to attend preschool regardless of their family's financial situation.

For more information or tickets to the event, call 472-4538.\*



Kiwanis, the Title Sponsor for the 3rd annual Pigs in Paradise preschool fundraiser, is always supportive of the Children's Education Center of the Islands photo provided

# Rotary Happenings

submitted by Shirley Jewell

Good news this week. Our guest speaker was Kelly Sloan, coordinator of the Sanibel-Captiva Conservation Foundation's Sea Turtle Program. As most of our residents know, SCCF's sea turtle program is probably the most visible indicator of our islands' ongoing commitment to the conservation of coastal habitats. Just walking on the beaches this time of the year, you can't help but notice the corded off zones that indicate the presence of sea turtle nesting areas. Sloan told us that the count this year was at an all-time high with a count of 860 nests pre-hurricane and a remaining count of 720 post-hurricane. Sloan named the types of sea



Kelly Sloan photo provided  
turtles you can find around the world; loggerhead, green, hawksbill, Kemp's ridley, olive ridley, flatback and leatherback. Nesting on our islands are usually loggerheads.

Sea turtle nesting season on Sanibel and Captiva runs from April to October and volunteers from SCCF monitor the beaches every morning during this time of the year in search of the tell-tale tracks that are visible from the turtle crawl the night before. Females come ashore to lay their eggs, males never leave the water. When tracks lead to a nest at the high tide line, the volunteers will mark the nesting sight, cord off the area, post signs, and in some cases, place a mesh covering over the nest to prevent coyote and other prey from feeding on the turtle eggs. The female turtle usually builds her nest somewhere near the nest area where she was hatched. The sea turtle uses her back flippers to dig the nest and lays approximately 110 eggs. A female turtle may create as many as three to four nests, called clutches. The temperature of the nest determines the sex of the turtles. As Sloan said, "hot chicks, cold dudes."

Incubation time is about two months. Volunteers monitor the nests every morning and night for signs of hatchling activity. When the hatchlings emerge from the nests, they immediately crawl to the water and use the currents to take them toward the Gulf Stream. SCCF volunteers monitor the hatching activity as well as they can, never interfering but sometimes guiding hatchlings to the water. An inspection of the sea turtle nests takes place after about three days to count the number of eggs hatched.

During the first three to five years of life, sea turtles spend most of their time in the pelagic zone, floating in sargassum seaweed mats where they can find shelter and food. As the turtles reach adulthood, they move closer to the shore. The female sea turtle hatchlings will return to the island shores again when they mature and are ready for reproduction.

The Sanibel-Captiva Chamber website has this information for residents and visitor during sea turtle nesting season:

1. Turn off all lights that could draw attention away from the Gulf of Mexico to the land. No light should be shining toward the beach.
2. Do not leave anything like beach umbrellas, shoes sand pales, etc. on the beach. These are obstacles for the babies.
3. Fill in any holes you created – like when you are out building sand castles on our beautiful beaches.
4. Do not use flash photography to catch the little guys making their way back to the gulf. You know how it feels to be "blinded by the light." The babies won't be able to find their way – so no flashes, please.

If you follow these simple guidelines, you can help ensure that the baby sea turtles can find their way back to the water, where they need to be.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\*

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From left, race committee member Ed Riddlehoover, Il Cielo General Manager Marcus Preece, chef Allen Casey and race committee member Pete Bender photo provided

## Restaurant Joins 10K Race 4 FISH As Silver Sponsor

**I**l Cielo has been named a Silver Sponsor of the 9th annual 10K Race 4 FISH, which will be held on Saturday, October 28 at The Community House. As Sanibel's only foot race, it draws hundreds of runners from near and far every year.

"We are a small team of passionate

people and understand the importance of the services that FISH provides for the people who live, work or visit Sanibel," said Il Cielo General Manager Marcus Preece. "We are proud to be a supporter of the organization's mission and its 10K race."

"Il Cielo's support of FISH is greatly appreciated," added Ed Riddlehoover, race committee member. "Their commitment to our community helps make it a better place."

Registration for the race is open online at [www.fishofsancap.org](http://www.fishofsancap.org) under the "Our Major Event" tab.✱

From page 25

## Kiosk Debuts

by but few areas of like extent anywhere," she wrote in her study guide on local marine shells.

"As a family, we are honored that her far-thinking desire to help preserve her part of the island as it was back then for future generations of islanders and visitors is being recognized," said Joanne Griffin, whose husband – Peter Burley Griffin – is one of the great step-grandchildren of Dr. Perry. "She certainly didn't donate the property for any self-aggrandizement but instead because she felt it was the right thing to do."

Although the Perry property donation was well known in the family, Griffin noted that it was a surprise to find out that the refuge didn't have much information or knowledge of Dr. Perry herself, nor of how the gift came to be.

"Birgie Miller (executive director of the "Ding" Darling Wildlife Society) and Toni Westland (supervisory refuge ranger) welcomed the family input and committed themselves to making sure that this accomplished and generous woman would be remembered," said Griffin. "We hope that people take the time to read and learn about the native shells of Sanibel and Captiva islands. Just like Dr. Perry did way back then."

The three-panel kiosk includes a map of the islands, with markers indicating places to visit, some of the wildlife that is commonly found on the Perry Tract property – including bobcats, marsh rabbits, gopher tortoises, coachwhip snakes and snowy plovers – and suggestions of how beachgoers can help protect wildlife.

"We hope as beach visitors read about



Supervisory Refuge Ranger Toni Westland pointing out some of the hands-on features photo by Jeff Lysiak

her and the shells of Sanibel, they might be inspired to enjoy the natural beauty of the island even more with their new knowledge," added Griffin.

The October 6 unveiling ceremony included remarks by Miller, Lathrop and Paul Tritaik, manager of the JN "Ding" Darling National Wildlife Refuge. It was attended by Mick Denham, vice mayor of Sanibel, Dr. Jose Leal, science director and curator of the Bailey-Matthews National Shell Museum, along with several members of the refuge staff and volunteers.

"We are so grateful to our partners and Dr. Perry's family for making possible this opportunity to educate beachgoers about seaside ecology and the importance of conserving it," said Westland.✱

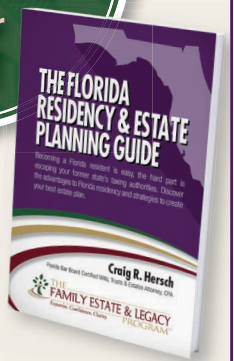
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# When An IRA Distribution Causes A Probate



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Most clients who have revocable trusts believe that there won't be a probate opened upon their passing. I've written in the past how your trust won't avoid the probate process if all of the assets that would have otherwise been subject to probate haven't been transferred into the trust. But there's another issue for those that own retirement accounts that you need to know about. IRAs.

"Wait a minute!," you might say. "IRAs have a beneficiary designation. Like a life insurance policy, there shouldn't be a probate."

You'd be right about that.

Moreover, IRAs and similar accounts such as 401(k)s aren't usually transferred into your trust anyway. You don't transfer those accounts into your trust during your lifetime because if you were to do so, bad income tax consequences result. You'd have to withdraw the account balance that causes income recognition, and hence tax. You'd also lose the tax deferred growth that otherwise would have occurred had you left the amounts in the IRA.

What you may not realize, however, is that a traditional IRA could cause a probate if you are older than your "Required Beginning Date" (RBD) which is the April 1 following your 70½ birth date. As most of us know, once you have past your RBD, you are required to take "Required Minimum Distributions" (RMD) from the IRA account.

So how could your RMD cause a probate?

Suppose that Ed is 82 years old and his RMD for 2017 is calculated to be \$82,000. Ed has no other assets subject to probate because he has already funded all of his other accounts into his revocable living trust. Assume, however, that Ed dies before taking his RMD for this year.

The RMD amount (\$82,000) is an asset of Ed's estate that will be subject to probate. The IRA custodian (usually a bank or investment firm) won't make a distribution to the IRA beneficiary of the RMD because it is his estate's asset. The estate may have a different beneficiary than that designated on his IRA beneficiary form. Even if the beneficiaries are one and the same, the custodian will only make distribution to Ed's estate.

Because the \$82,000 RMD is above the threshold for a Summary Administration in Florida, Ed's personal representative (executor) must open the probate administration to collect the \$82,000.

There is nothing that the estate can do to avoid this outcome. But there was something that Ed could have done.

Ed could have withdrawn his RMD from his IRA account early in the year. Not one of us knows which will be our last day on this earth, so it's really not Ed's fault that the RMD for the year is a probate asset. Many of my clients who realize this issue, however, choose to take their RMD distribution early in the year. Some do so on the first business day of the year for this very reason.

What about those that inherit the IRA account as the designated beneficiary? A spouse can roll over the account. Once the account is rolled over, then the spouse is treated as the account owner and her RMDs are based upon her lifetime. A spouse's RMD in my example here would begin the year after Ed's death. But that doesn't change the probate

issue on Ed's last RMD.

Anyone other than a spouse who inherits the IRA would not be able to roll over the account. Instead, the IRA becomes an Inherited IRA account. The beneficiary will also have RMDs, but like a spouse who rolls over the IRA, the beneficiary's RMDs begin in the year following Ed's death. It's important to note that with a non-spouse beneficiary, the RMDs begin whether or not the beneficiary is older than 70½.

A toddler who is an IRA beneficiary would have RMDs in the year following the account holder's death.

Which brings up yet another important point. You should never name a minor or incompetent person as the beneficiary to an IRA. A custodian can't make a distribution to a minor or incompetent. Instead, the IRA custodian will insist that a court-ordered guardianship account be opened in which to make the distribution. This causes a great deal of unnecessary expense.

If you nevertheless wish to make a minor or incompetent person as the beneficiary of an IRA account, you should instead establish a trust for that person. It's important to note that for the beneficiary's trust to qualify for the stretch out of the RMDs over that beneficiary's lifetime, some very specific requirements must be satisfied under IRS rules.

Here, it's always wise to visit with a competent estate planning attorney to ensure that the planning surrounding your IRA or 401(k) accounts is sound. Most people simply complete their beneficiary designations without much thought to these issues.

But, as you might see, proper planning is important.

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## Grant Supports Human Trafficking Awareness

The Rotary Club of Sanibel-Captiva supports Human Trafficking Awareness Partnerships' (HTAP) Prevention Power Day for children with outreach materials in English and Spanish.

"This grant supports Prevention Power Day for kids in the Dunbar area at the Stars Complex in January, National Human Trafficking Awareness and Prevention Month," said Nola Theiss, executive director of HTAP. "Children will participate in a fun activity which teaches them facts about human trafficking with

participating social service agencies who interact with the kids. Children will receive an award for participating and food and treats will be distributed. Artwork created by local children created as part of HTAP's ArtReach program will be displayed."

The grant also supports informational handouts in English and Spanish which teaches children, parents and teachers in English and Spanish.

Human trafficking is a growing problem in Florida, especially among children between the ages of 11 and 15. Through HTAP's programs, children are taught the signs of trafficking and the techniques used by traffickers to lure children away from their families and loved ones.

For more information, contact Nola Theiss via email at [info@humantraffickingawareness.org](mailto:info@humantraffickingawareness.org).

## Sanibel Family Supports 10K Race

Vince and Suzie Nowell, along with their children Spencer and Reagan, believe in the values of FISH of SanCap. This year, the family is supporting the organization as a Silver Sponsor of the 10K Race 4 FISH, to be held on Saturday, October 28. The race, in its ninth year, attracts hundreds of runners of all ages from near and far to Sanibel.

Both Reagan and Spencer Nowell volunteer at FISH. "We like being involved in our hometown community and helping anyone who may be struggling," said

Reagan. Spencer added, "I enjoy helping people on the island."

Originally from West Virginia, the family has lived in the area for 14 years, 10 of which were in Fort Myers and the last four were on Sanibel.

"We love doing our part to keep the island beautiful," said Vince Nowell. "To live and work on the island is a true pleasure."

"The Nowell family supports FISH in many ways," said race committee member Ed Riddlehoover. "We are delighted to have them be a part of the race."

Registration for the 10K Race 4 FISH is available online at [www.fishofsanicap.org](http://www.fishofsanicap.org) under the "Our Major Events" page.

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## City Soliciting Input On Jordan Marsh Preserve

During the Sanibel City Council meeting on October 3, the City of Sanibel Natural Resources Department and its contractor, AIM Engineering & Surveying, presented the 60 percent design plans for the Jordan Marsh Water Quality Treatment Park and opened a two-week public comment period. The water quality treatment park is to be located in the vicinity of Periwinkle Way and Casa Ybel Road, on six acres of city-owned land known as the Jordan Marsh Preserve and 1.3 acres of land within SCCF's Bob Wigley Preserve.

The overall project goal is to improve water quality in the impaired Sanibel River basin to help meet future Total Maximum Daily Load (TMDL) requirements to ensure a healthy balance of flora and fauna. Secondary goals of the project are to enhance existing wildlife habitat on the site and educate park visitors on the various Best Management Practices (BMPs) used to improve water quality.

Residents are welcome to submit any comments or recommendations to AIM Engineering & Surveying, Inc. by Tuesday, October 17 to: AIM Engineering & Surveying, Inc., Munir R. Al-Suleh, MSEE, PE, 332-4569, ext. 1019 or mal-suleh@aimengr.com.\*\*



Front row from left, Paul Cuppy, Brett Lindsey, Ashley Goldberg, Tiffany Onischuk, Phillip Starling and Pete Bender; back row from left, Julio Morales, Ed Riddlehoover, David Irwin and Donna Brown photo provided

## Sundial Resort Is Silver Sponsor Of 10K Race 4 FISH

Sundial Beach Resort & Spa shows its support of the 9th annual 10K Race 4 FISH as a Silver Sponsor.

"The Sundial Beach Resort and Spa is proud to be a silver sponsor of

the 10K Race 4 FISH," said Sundial General Manager Phillip Starling. "We recognize and support the valuable programs FISH administers within the Sanibel-Captiva community, and appreciate its multiple social service initiatives. FISH is a true asset in furnishing resources to so many."

In addition to serving guests in style, Sundial will host their first Pickleball Classic tournament from November 3 to 5.

"Sundial has long been a supporter of our community and the race," said Ed Riddlehoover, race committee co-chair. "We appreciate the support of Sundial. They are a valued neighbor."

Registration is now open for the October 28 race at [www.fishofsancap.org](http://www.fishofsancap.org) under the "Our Major Event" tab. The race will start and end at The Community House, located at 2173 Periwinkle Way on Sanibel.\*\*

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# FBI Probe Reveals The Dark Side Of College Sports



by Ed Frank

You could see it coming. The only surprise is that it took this long to surface. And most likely, it's just the first revelation in a scandal that will rock college sports and hopefully bring vast changes.

We're writing, of course, about the FBI investigation of college basketball that last week resulted in the arrest of 10 people, including four basketball assistant coaches, on fraud, bribery and corruption charges.

"The picture of college basketball painted by the charges is not a petty one – coaches at some of the nation's top programs taking cash bribes, managers and advisers circling blue-chip prospects like coyotes, and employees of a global sportswear

company funneling cash to families of high school recruits," said Joon Kim, acting U.S. attorney for the Southern District of New York, in announcing the arrests.

Caught in the web of the scandal was Hall of Fame Louisville coach Rick Pitino, although not charged, who was placed on administrative leave – essentially fired – after the FBI probe revealed that two Adidas employees paid the family of star recruit Brian Bowen \$100,000 to attend Louisville. Pitino denied knowledge of the arrangement.

The payoff to the Bowen family assumed the youngster would sign with Adidas once he turned pro and would work with a specific management company and a specific financial adviser.

Does this give you an inkling into the dark world of college basketball – a billion dollar business?

The FBI investigation has been ongoing for two years, yet the NCAA denied knowledge of the affair. Makes you wonder about its investigative powers.

For years there have been rumors and reports of payoffs and bribes in college sports, particularly basketball and football. There have been hints it also may reach down into high school.

We know that shoe and clothing companies pay millions to schools and coaches to wear their attire. It's just good advertising, they say. Adidas pays Louisville \$160 million over 10 years to wear its uniforms and shoes.

But the FBI revelations showed it was the Adidas money that was used for the payoff to the recruit's family.

Most feel the arrests last week are just the tip of the iceberg. Don't be surprised if some the four indicted assistant coaches – Chuck Person of Auburn, Lamont Evans of Oklahoma State, Tony Bland of USC and Emanuel Richardson of Arizona – plea bargain to reveal further payoffs, etc.

As this scandal unfolds, there will be demands for the NCAA to tighten its rules and improve its investigative programs to stop what the FBI has unveiled.

The Federal charges clearly open the door to the biggest scandal in the history of college basketball. Time will tell, however, whether it leads to needed changes in the billion-dollar world of college athletics.

## Red Sox And Twins Fans – Just Four Months Until Spring Training

Post-Season baseball is over for the Minnesota Twins and the Boston Red Sox, but fans take heart: Spring Training is just four months away.

The surprising Twins, bouncing back from the worst record in baseball a year ago, advanced to the playoffs this year winning the second American League wild card slot. They were eliminated by the New York Yankees in the one-game wild card contest.

And for the second straight year, the Red Sox were eliminated in divisional play after winning back-to-back American League Eastern Division titles. They were defeated by the Houston Astros three games to one. Don't be surprised if Boston Manager John Farrell is given his walking papers after repeated postseason losses.

## Twins Manager Paul Molitor Awarded Three-Year Contract Extension

Twins Manager Paul Molitor was awarded a three-year contract extension after leading his club to the 2017 playoffs after losing 103 games in 2016. He is one of the favorites to win the American League Manager of the Year award.

Terms of the new contract were not announced.\*

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Trash & Treasures Sale** – Donations of clean "gently used" items are still needed for the Trash & Treasures Sale on Saturday, November 4. This annual sale is organized by Island Seniors volunteers at the Center 4 Life. The sale is a huge event for the Island Seniors and all proceeds help support programs such as kayaking, fitness, technology, games, potlucks and the arts. Donations are tax deductible and you may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. Books, clothes, shoes, computers or old TVs cannot be accepted.

**Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, November 8 at 2:30 p.m. is *Being Mortal: Medicine and What Matters in the End* by Atul Gawande.

**Friday Collage Classes with Bea Pappas** – October 13, 20 and 27 from 12:30 to 3:30 p.m. Cost is \$15 for members and \$25 for non-members. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Bring a pint of fluid matte premium, scissors, papers, magazines and substrates (watercolor paper, canvas, canvas board or mat board). Sign up at the center.

**AARP Driver Safety Course** – Thursdays, November 9 and 16, 1 to 4 p.m. Island Seniors, Inc. is sponsoring the AARP Driver Safety Course. This is a fast-paced, interactive six-hour class

for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and gain confidence in your driving. After completing the course, you will be eligible for a discount on your auto insurance. Course fee \$20 and AARP members receive a \$5 discount. Register by contacting Ed Vander Hey at 292-4012 and leave a message. You do not need to be a member of Island Seniors to attend but you must attend both classes in order to receive course certificate.

### Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**New: Rummikub** – Tuesday at 1 p.m.

**Hand & Foot** – Thursday at 12:30 p.m.

**New: Canasta** – Thursday at 12:30 p.m.

**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays** – October 24 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

**Line Dancing Classes on Monday** – October 16, 23 and 30 at 11 a.m. Cost is \$2.50 for members and \$5 for non-members.

If you are interested in line dancing, join the group on Monday afternoons during the month of October for an hour of fun. The instructor will review dance

steps, then turn up the music. Bring a friend. Register in advance by calling the center at 472-5743.

## Miami's Spanish Roots and Little Havana Guided Tour

– Wednesday, October 18. Cost is \$89 for members and \$99 for non-members. Includes round trip transportation, lunch at the famous Versailles Restaurant in Little Havana, riding and walking tour with a private guide to learn about Spanish culture in Miami including the Freedom tower, the Miami Circle and "Domino" Park. Limited space available. Depart from Fort Myers location at 7 a.m.

## Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic

footwear required. Connie DeCicco is the instructor.

## Essential Total Fitness

– Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

## Power Hour Fitness

– Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

## Gentle Yoga

– Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.\*

## SPORTS QUIZ

1. Who had more career victories as a pitcher for the Detroit Tigers: Jack Morris or Justin Verlander?
2. Between 1972-79, an Angels pitchers led the A.L. in strikeouts each season. Nolan Ryan did it seven of the eight seasons. Who did it the other one?
3. Who was the youngest coach to lead a football team to the college Division I national championship?
4. Name the first European-born player to win the NBA Most Valuable Player Award.
5. When was the last time the Washington Capitals reached the NHL's Eastern Conference finals?
6. Who holds the record for the fastest qualifying lap at the Indianapolis 500?
7. Earlier in 2017, in three different events, Rafael Nadal won a tennis tournament for the 10th time. One was the French Open. Name either of the other two.

## ANSWERS

1. Verlander. 2. Frank Tanana had 269 strikeouts in 1975. 3. Danny Ford was 33 when he led Clemson to the 1981 season title. 4. Dallas' Dirk Nowitzki, in the 2006-07 season. 5. It was the 1997-98 season. 6. Arte Luyendyk ran a lap of 237.498 mph in 1996. 7. The Monte Carlo Masters and the Barcelona Open.





SCCF Executive Director Erick Lindblad with Geoff and Robbie Roepstorff of Bank of the Islands photo provided

# Bank Sponsoring SCCF's Wines In The Wild

Bank of the Islands is the Presenting Sponsor for SCCF's Wines in the Wild – 50th Anniversary Edition.

"The 2017 Wines in the Wild will be the final event commemorating of SCCF's 50 years of conservation. We truly appreciate Bank of the Islands' support of this event over the last decade," said founders Tom and Linda Uhler. "This year, we are also grateful for the generosity and hard work of our fellow co-chairs and event Platinum Sponsors Lucy and Paul Roth. This very special Wines would not be nearly as successful without their support."

Guests dressed in "Island Festive" attire will gather on Saturday, November 11 from 6 to 9 p.m. at the Bailey Homestead Preserve, located at 1300 Periwinkle Way. It will be a great opportunity to explore the grounds and unique features of the homestead while sampling wines donated by Bailey's General Store, the returning wine sponsor.

The Roths reported, "We'll have five stations set up on the homestead grounds. Each will feature a savory dish from one of Sanibel's finest kitchens – The Blue Coyote, Catering by Leslie Adams, Il Cielo, The Sanctuary Golf Club and Sweet Melissa's Cafe. The foods will be paired at each station with specially selected complementary wines. "The evening will end with a

sumptuous dessert buffet in the homestead pavilion, music from The Danny Morgan Trio, and a live auction of very special experiences. There will also be valet parking and a sweet surprise from Norman Love Confections."

Reservations for Wines in the Wild can be made by calling Linda Uhler at 472-3817 or Lucy Roth at 472-0341. Cost is \$100 per person. Because this event is likely to sell out in advance, tickets will not be available at the door.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed through environmental education, land acquisition, landscaping for wildlife, marine research, natural resource policy, sea turtle conservation and wildlife habitat management. Community support through membership dues and tax-deductible contributions, in addition to grants and staff-generated revenue, makes this work possible. To learn more, visit [www.sccf.org](http://www.sccf.org).



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From page 1

# Teen Guitarist

concert returns to Bailey’s Backyard that day from noon to 7 p.m. In addition to Jensen, who will be accompanied by members of the Florida Gulf Coast University Jazz Combo, the Sanibel Blues & Jazz Festival will feature Elvin Bishop’s Big Fun Trio, founded by the member of both the Rock & Roll Hall of Fame and Blues Hall of Fame, guitar virtuoso and British Blues Hall of Famer Matt Schofield, along with The Marty Stokes Band.

Performing as an opening act for some world-class musicians, however, doesn’t seem to faze the enthusiastic, young guitarist.

“This means a ton to me,” said Jensen. “Playing on the same stage as Matt Schofield and Elvin Bishop... it’s just crazy.”

During his career, Jensen has performed locally at Jensen’s Twin Palm Cottages & Marina Resort and at Fort Myers River District Music Walks. His musical influences in the blues include Stevie Ray Vaughn, Eric Clapton and Joe Bonamassa. For the past two summers, he has attended Berklee College of Music summer programs. Jensen also participates in The Sanibel School’s Performing Arts Program and recently had the opportunity to perform as a youth at the SWFL International Blues Challenge.

At the Sanibel Blues & Jazz Festival, Jensen’s 45-minute set will include songs like *Just Got Paid* by Bonamassa,

*Further Up The Road* by Clapton and *Goin’ Down* by Freddy King. He will be accompanied by bassist Jonathan Ingram and drummer Miguel Azcuy of the FGCU Jazz Combo.

## Top Talent Takes The Stage

Festival attendees will hear outstanding live blues and jazz music including:

Elvin Bishop’s Big Fun Trio – Travelling the blues road longer than most (and with the stories to prove it), Elvin Bishop’s Big Fun Trio is fronted by the American blues and rock music singer, guitarist, band leader and songwriter best known as the author of the 1976 pop hit *Fooled Around And Fell In Love*. An original member of the Paul Butterfield Blues Band, Bishop was inducted into the Rock & Roll Hall of Fame in 2015 and the Blues Hall of Fame in 2016. His long and varied career has included plenty of side trips along the way, from deep down gutbucket blues played in smoky South Side Chicago taverns, to raucous roadhouse R&B, to good time rock and roll on concert stages and festivals around the world. And at every stage along the way, he’s instilled all of his music with passion, creativity and a healthy helping of wisdom, wit and good humor.

Matt Schofield – An English blues guitarist and singer, his band – The Matt Schofield Trio – play their own material, a blend of blues, funk and jazz, as well as covers of blues classics such as Albert Collins’ *Lights Are On, But Nobody’s Home*. Schofield is regarded as one

of the most distinctive and innovative British blues guitarists, and has been rated in the top 10 of British blues guitarists by *Guitar & Bass Magazine*. Schofield’s prowess has taken his band to 12 countries; seen him playing with musicians including Buddy Guy and Robben Ford; and brought a note in the *Penguin Book of Blues Recordings* as one of only two living British artists to gain the maximum four-star rating. In addition, he has been admitted to the British Blues Awards Hall of Fame.

The Marty Stokes Band – Originally raised on Sanibel and Captiva islands, Marty Stokes has been playing different variations of blues music since he was a kid. Raw and melodic, original and reaching to the emotional core, Stokes will not disappoint the rocker who digs blues grooves on top of it all. A group of long-time friends, the band delivers the goods with tasteful grooves over Stokes’ originals, alongside creative arrangements of covers. Jennifer Mazziotti, Michael Dock and Scott Williams make up the core of this group of musical “crazies.”

According to event organizers, the Sanibel Blues & Jazz Fest will feature a variety of fine cuisine and spirits sold by local restaurants. Barbecued ribs and other food and beverage offerings – including beer, wine and soft drinks – will be available for purchase. Coolers will not be permitted, but general admission ticketholders may bring their own chairs.

On-island parking will also be available, with transportation to the festival site. Attendees are encouraged to

use bicycles to reach the site, with free valet bike parking provided.

General entry donations are \$40 per person for adults and \$15 for attendees under age 14. A \$125 per person donor VIP package covers food (including a raw bar), beverages (including a Champagne bar), VIP seating in a tented area, VIP parking and a festival T-shirt. Tickets are limited and are first come, first served. Tickets are available at Bailey’s General Store, George and Wendy’s Seafood Grille, Sanibel Café, Sanibel Captiva Community Bank, from members of the San-Cap Optimist Club and online at [www.sanibelbluesandjazzfest.org](http://www.sanibelbluesandjazzfest.org).

All proceeds benefit the San-Cap Optimist Club’s college scholarship program, youth programs at the JN “Ding” Darling National Wildlife Refuge, and Community Housing and Resources of Sanibel, among others.

Generously sponsored by Sanibel Café, Bailey’s General Store and George and Wendy’s Seafood Grille, event support is provided by Floral Artistry and DCMG, Inc. Stage sponsors include Lily & Co. Jewelers, Sanibel Captiva Community Bank and Legacy Lifestyles, along with event partners Nu Way, John Grey Painting, Adventures in Paradise, Barefoot Charley’s, Cartwheel Rentals and Doc Ford’s Rum Bar & Grille.

Sponsorships for the Sanibel Blues & Jazz Festival – ranging from a Green Room Sponsor (\$500) to Stage Sponsor (\$5,000) – are also available. For more information, contact Stan Howard at 472-0836 or Richard McCurry at 292-4631. ☆

## EVENT VOLUNTEER REGISTRATION

### Pre-Event

- ☐ Set-Up (tents, tables, etc.) Saturday, Nov. 11 – 2:00 pm to 5:30 pm
- ☐ Opening (signs, supplies, etc.) Sunday, Nov. 12 – 8:00 am to 11:30 am
- ☐ Parking/Shuttle Assistance Sunday, Nov. 12 – 8:00 am to 12:00 pm

### Event – Sunday, November 12 (choose shift & preferred position)

**PLEASE BIKE or use ONLY DESIGNATED Volunteer Parking**

Event Site: ☐ Shift 1 – 11:30am-2:30pm ☐ Shift 2 – 2:15pm-5:15pm Overlap for shift change

Parking: ☐ Shift A–11:30am-2:30pm Overlap for shift change  
☐ Shift B–12:30pm-3:30pm (at churches which open at 1pm)  
☐ Shift C–1:30pm-4:30pm Overlap for shift change

Preferred position: \_\_\_\_\_

We cannot guarantee the volunteer position you sign up for. We will contact you prior to 11-12 with your assignment.  
Please Plan for T-shirt and packet pick-up at CROW will be Mon Oct 30 and Thurs Nov 2. Times to be announced.

**Positions include:**  
Entrance, Admission,  
Food & Beverage  
Ticket Sales, Beverage  
Tent, Rovers (garbage,  
relief, ice), Parking

### Post Event

- ☐ Closing (clean up, tear down) Sunday, Nov. 12 – 5:00 pm to 8:00 pm

**Volunteers receive a volunteer t-shirt, free admission, and our appreciation.**

For more information, please call Robin Miller at (239) 472-3644, ext. 231.

Name: (Print) Last First

Address \_\_\_\_\_

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Are you over 21? \_\_\_\_\_ Gender \_\_\_\_\_ T-Shirt Size \_\_\_\_\_



**Sunday, November 12, 2017**  
**12:00 to 5:00 PM**  
**Sanibel Community Park**  
**[www.crowclinic.org](http://www.crowclinic.org)**

Please submit this form by October 27 to Robin Miller at [volunteers@crowclinic.org](mailto:volunteers@crowclinic.org).  
You may also fax: 239-472-2334, or mail to CROW, P.O. Box 150, Sanibel, FL 33957.



## ISLAND SUN BUSINESS NEWSMAKERS

## Top Producers

The top producers at Premier Sotheby's International Realty for the month of September were: Brooke Brownyard, top producer associate; The Burns Team, top producing team; Stephanie Bissett, top listing associate; and The Burns Team, top listing team.✱



Brooke Brownyard



Stephanie Bissett



The Burns Team

## Top Producers

The top agents and sales teams at VIP Realty Group for the month of August were: Kit and Lynda Traverso, top sales agents; David Schuldenfrei, top listing agent; and Marlene Donaldson, top producer.✱



Kit and Lynda Traverso



David Schuldenfrei



Marlene Donaldson

## Top Associates



Chris Kirchner



Sheila Hammons



Marianne Stewart



LeAne Taylor Suarez

## Top Agents

The top agents at John Naumann & Associates for the month of September were: Marianne Stewart, top listing agent; and LeAne Taylor Suarez, top sales agent.✱

Christopher Kirchner was the top producing sales associate during the month of August at RE/MAX of the Islands. Sheila Hammons was the most productive listing/marketing sales associate.✱

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Doctor and Dietician

# Muscle Mass And Aging



by Ross Hauser, MD  
and Marion Hauser, MS, RD

None of us like the thought of the loss of muscle strength that may come with aging. Is there something we can do to keep that issue at bay? Many seniors in the U.S. tend to eat most of their protein for lunch and dinner, but adding protein to breakfast may be a simple diet change that results in the added benefit of increased muscle strength. A recent study in *The American Journal of Clinical Nutrition* showed that spreading protein equally among the three daily meals could be linked to greater muscle mass and strength in the elderly. Since every tissue in the body is made up of protein, it would make sense that an

increase in protein consumption would also then cause an increase in muscle mass and vice versa, as muscles are also composed of proteins. With this in mind, the team of researchers studied the effect of protein consumption on the strength, muscle mass and mobility of 1,800 people from Quebec ages 6 to 84 over a three-year period. “We observed that participants of both sexes who consumed protein in a balanced way during the day had more muscle strength than those who consumed more during the evening meal and less at breakfast. However, the distribution of protein throughout the day was not associated with their mobility,” explained Dr. Samaneh Farsijani, an author of the study. Although the results demonstrated an increase in muscle strength, but no improvement in mobility, more investigation needs to be done to show whether physical function is improved by the increase of protein in the diet. In the meantime, it sure sounds like added muscle strength is another really good reason to consume protein throughout the day and to not skip it at breakfast.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✱

## Beautifulife: Hidden Heroes



by Kay Casperson

Who are the people in your life that make so many things happen behind the scenes? These are the real heroes that help to make every day run smoothly and effortlessly, yet so rarely get noticed for what they do. These are the people that are not in the spotlight yet make things better in so many ways for us and for others. I bet if you start really thinking about it, you will come up with a very long list of the people that I call the hidden heroes of our lives. Of course, when tragedy occurs, we do recognize the heroes that step up to help in so many ways and it warms our hearts to see people come together in a time of need. But let’s also try to be better at remembering and recognizing people that do a great job of making the little and big things happen that matter most to us every day. Some of the people that come to mind are volunteers, teachers, behind the scenes staff members, cleaners, telephone operators, bookkeepers, drivers, utility workers,

waste haulers, builders, contractors etc. I could go on and on. Now, more than ever, I believe we need to pull together and appreciate everyone that plays a role in how our individual lives function every day. Each of us needs to make an effort to stop, look around and take notice of the real movers and shakers behind the scenes. Then, take the time to give a smile, a hug or just a very genuine thank you to the people that may not hear those words as often as they need to. Make a list of your hidden heroes and come up with creative ways to express gratitude, whether it is a big shout out or a card of thanks. I’m sure you will make someone’s day better and brighter and will be one step closer to helping others and yourself enjoy the beautiful life. My affirmation for you this week is: “I am taking time to notice all the hidden heroes that help to make my life better and will express my gratitude and appreciation for all they do.” Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow her on social media @kaycasperson.✱

From page 27

## Author Series

have appeared in *The New York Times*, *San Francisco Chronicle*, *Money*, *More* and *Psychology Today*. Baker Kline will be speaking at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way, on Wednesday, February 7. Ticket requests will be accepted online at [www.sanlib.org](http://www.sanlib.org) for 24 hours, starting at 9 a.m. on Monday, January 8. New York Times bestselling author Mary Alice Monroe writes environmental fiction, exploring the complexities of interpersonal relationships and the parallels between nature and life. Monroe has received numerous awards, including several Readers’ Choice Awards; the 2014 South Carolina Book Festival Award for Excellence in Writing; the 2015 SW Florida Book Festival Distinguished Author Award; and the 2008 South Carolina Center for the Book Award for Writing. Most recently, Monroe was named by the South Carolina Academy of Authors as a 2018 inductee of the Literary Hall of Fame. Her novel *A Lowcountry Christmas* won a 2017 Southern Book Prize in fiction, awarded by the Southern Independent Booksellers Alliance (SIBA). In 2011, her novel *The Butterfly’s Daughter* won the International Book Award for Green Fiction. Her 2017 *Beach House For Rent* debuted at #9 on the combined “e-book and print” list for *The New York Times* Best Sellers List. *The Beach House* will be adapted into a Hallmark Channel Hall of Fame movie starring

Andie MacDowell and premiering on the network in 2018. Monroe’s Author Series event will be held at The Community House on Tuesday, March 6. Ticket requests will begin at 9 a.m. on February 6 and run for 24 hours. Major funding for the Author Series is provided by the Sanibel Public Library Foundation, Inc. and its generous donors. For more information about the foundation or to make a donation, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org). The Sanibel Public Library will continue to utilize a lottery system ticketing procedure to meet high demand and to ensure as many as possible have the opportunity to meet the authors and attend an Author Series event. Requests for Author Series tickets may be made at the library’s website beginning on the dates listed (one month prior to each Author Evening). Names of those requesting tickets will be placed in a lottery and selected at random, and then be notified by email. Requests made before or after that time will not be honored. Tickets are distributed at no charge to Sanibel Public Library cardholders; one card per person; two tickets per card. Tickets must be requested online at [www.sanlib.org](http://www.sanlib.org). If you are unable to access the online form or if you would like assistance using the online form, the library will have personnel and a computer set aside for your use. Patrons need to have a current library card before requesting tickets. library cards are available to Sanibel and Lee County residents at no charge. Visitor cards may be obtained for a \$10 annual fee.✱

## FISH Hosting Seminar On Senior Care

FISH of SanCap, in cooperation with Lee Health, will host Senior Care: New Changes & Choices on Wednesday, October 18 from 4 to 6 p.m. at The Community House, located at 2173 Periwinkle Way. Light refreshments will be provided and RSVPs are required. The seminar is funded through the Wells Fargo Community Award Grant. “Sometimes, being the person responsible for caring for a loved one with physical and mental health problems can be overwhelming,” said

Kathy Y. Monroe, MSG, FISH program director. “The caregiver can get burned out, become ill themselves or acquire the caregiving role by default. Lee Health experts will discuss methods to recognize and manage these situations.” Cindy Auskamp, RM, CMC; Dawn Moore, RN, CMC; and Chris Austin, MA, BSW, CSWCM from Aging Life Care Professionals will lead the discussion. The presentation will provide information on the responsibilities of a caregiver, and the effect that these responsibilities may have on the caregiver. It will provide tools to reduce stress on the caregiver and their loved ones alike. For more information or to RSVP, call Kathy Y. Monroe at 472-4775. RSVPs are required by October 16.✱

## Taking The Mystery Out Of Medicare

FISH of SanCap, along with SHINE (Serving Health Insurance Needs of Elders), is offering Taking the Mystery Out of Medicare, a presentation to help participants make informed health choices. The presentation will be held at the FISH Walk-In Center on Thursday, October 19 from 10 to 11 a.m. Complimentary, unbiased and confidential counseling on Medicare and health insurance topics will be discussed. Areas of discussion, presented by Jennifer VanderMay, will include: Preparing for

the Annual Election Period (begins October 15); Part D Information; and 2018 Medicare Updates. Kathy Y. Monroe, MSG, FISH program director, said, “This is an opportunity for individuals to ask questions they have for the upcoming open Medicare enrollment period. This session will help them make important decisions about their Medicare and prescription plans. We at FISH of SanCap are very appreciative to have the Area Agency on Aging of Southwest Florida come to Sanibel and Captiva to meet with our community. For more information, contact Kathy Y. Monroe at 472-4775. This program is a courtesy of the Area Agency on Aging for SWFL.✱



dearRPharmacist

## Do Figs Really Contain Wasp Parts?



by Suzy Cohen, RPh

**Dear Readers:** The first time I ate a fig I was about 40 years old. I was with my husband Sam, and we rented a cottage on a California vineyard in Sepastopol. One day, we were in the jacuzzi on the deck, and we

noticed a fig tree hanging overhead. So I asked the owner if we could eat the figs from the tree. That month it was literally a fig feast. I was making up for a lifetime of abstinence.

FYI, without the wasps you wouldn't have figs and vice versa. The female fig wasp enters a male (inedible) fig fruit and crawls into the fig through a narrow hole called the "ostiole," which is so cramped and tight that it cuts off her wings and antenna. The lady fig wasp doesn't know whether she's entered a male fig or a female fig. If it's a male "caprifig," she can get comfy and lay her eggs. The eggs hatch into larvae and grow within the fig's petals. The male wasp offspring are born blind and flightless, but they mate with the females. The male wasps try to 'eat' their way out by creating a tunnel, but unfortunately it's a long one, and they end up dying inside because they can't escape. Is this TMI?

Female fig wasps can collect a fig's pollen and crawl out the tunnel that their dead partners built then fly away in search of a new fig plant to lay their

own eggs in. If a female wasp enters a female fig, it's bad news. She won't be able to lay her eggs because of the stylus. She'll die inside that fig... but she will have delivered the pollen. Mission accomplished.

Some of you are amused, and others probably mortified. Are you worried that figs contain big wasps? I've eaten a million and never saw one. I don't think they contain wasps, honestly. The only time I ever saw a wasp inside a fig was on Google Images. (Don't do it!) You see, it all ends well. The female figs produce an enzyme called "ficin," which digests the wasp that entered it, thus turning the wasp corpse into pure protein inside the fig.

Those crunchies inside the figs are seeds, not wasp parts. And if you're wondering, fig jam is NOT sweet baby wasp paste! Go ahead and visually inspect your figs to see what's inside them. It's just fig seeds, no wasps. Really. Nevertheless, vegans sometimes avoid figs since wasp critters are required to make a fig, and they sometimes worry that the exoskeleton of the fig wasp may not be 100 percent digested by the ficin enzyme. I've also wondered if figs could trigger allergies in people who are already allergic to bee or wasp venom.

Figs are superfoods. They contain fiber, minerals, vitamins, potent antioxidants and protein. You might be wondering how I eat figs today. I put thin slices on top of a cracker with brie cheese. Visit my website and sign up for my newsletter, and I'll send you a little more information on the nutrition of figs, as well as recipes. Why do I know you are still disturbed about the wasps?

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

sets and the moon rises.

Meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive; this beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. A suggested donation is \$10 to \$15. All proceeds will benefit the Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit [www.ambuyoga.com](http://www.ambuyoga.com) or call 314-9642.

## Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

**Q:** I have a girlfriend who says drinking alcohol helps her with her social anxiety. I feel she is drinking too much, and I want to help her. What can I do?

**A:** While I have not evaluated your friend, there is a Social Anxiety Disorder (SAD) whereby victims are especially vulnerable to substance abuse problems. Even in small amounts, alcohol can make you feel relaxed and decrease the intensity of your social inhibitions. As you near the point of legal intoxication, your inhibitions drop even further. You lose your ability to:

Think clearly;

Focus your attention;

Use your memory;

Coordinate your body movements;

Make rational decisions that prevent dangerous behavior.

While your friend wants a sense of social belonging, she is at risk of harming herself and others.

Studies have revealed that up to

20 percent of all SAD sufferers have struggled with alcohol abuse issues. Drug abuse rates among the socially anxious are disturbing as well and quite common. Given how alcohol and anxiety relief go hand in hand, it's important to look at the impact that drinking truly has on anxiety symptoms. There was a study done on this in Canada in 2011 that concluded drinking does not provide any kind of real relief from the symptoms of diagnosable anxiety disorders such as social phobia and panic disorder. In fact, what the study did show is that a significant percentage of people who self-medicate with alcohol actually end up developing these disorders, at least in part as a consequence of their drinking. With regard to helping your friend, I would suggest that you encourage her to get help for her anxiety as there are many tools that are natural and healthy coping techniques.

If her alcohol use is getting out of control, she needs treatment for this as well. As her friend, by talking with her and letting her know that you care, you are doing her a favor, and hopefully she will listen and get help.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).

To advertise in the *Island Sun* Call 395-1213

## New Moon Meditation Class On Captiva

A New Moon Meditation Class will be held on Thursday, October 19 beginning at 6:15 p.m. at Alison Hagerup Beach Park on Captiva.

Participants are invited to take part in a guided meditation on the beach as the sun

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To be listed in calling card email your information to:  
press@islandsunnews.com

## PETS OF THE WEEK

Lee County Domestic Animal Services

### Louie And Sweetie

**R**eady to #FindYourFido? My name is Louie. I am a 2-year-old male American Staffordshire terrier who likes belly rubs and long walks. I'm looking forward to meeting my new family during Adopt a Shelter Dog Month. I am teaming up with the ASPCA to help my furry friends and I find homes, so stop by and have one of the fabulous volunteers introduce you to me.

My adoption fee is \$30.

Hi, I'm Sweetie. I'm a 6-month-old female domestic medium hair who is a beautiful brown tabby that lives to my name. Throw in my piercing eyes and gorgeous coat and you have the perfect trifecta.

Now through the end of October, I am just \$30 to adopt. You can take me home and a feline friend at no additional charge.

My adoption fee is \$30.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The



Louie ID# A711843

photos provided



Sweetie ID# A712401

website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

Haven on Earth Animal League

### Stormy And Ellie



Stormy photos provided



Ellie

**H**i there! I'm Stormy. I am a handsome orange tabby boy with a white chest. I'm called Stormy because I was found after Hurricane Irma. Apparently, I got lost in the storm and now I need a new home. I'm 1-year old, neutered and up to date on all vaccines. I'm currently residing at Petco at Gulf Coast Town Center. My adoption fee is \$100.

Hello, my name is Ellie. I am a very pretty green-eyed tabby girl. I'm about 1-year old, spayed and up-to-date on all vaccines. My adoption fee is \$100. I am currently staying with a foster family. Please adopt me so I can have a home of my own.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\*

PAWS Of Sanibel

### Hurricane Kittens

**T**hese beautiful kittens were born on approximately August 20 off Atlantic Plaza Drive on Sanibel. They have been cared for since before their eyes opened. Their mother is feral, but thankfully, once she is spayed and has her immunizations, she has a good home to go to off-island in a neighborhood where she will be much safer.

These kittens were actually evacuated to a warehouse complex on U.S. 41 for the hurricane when they were just two and a half weeks old. They will remain with their mother for a while yet, as they cannot be combo-tested until they are 12 weeks old. In the meantime, they are going to the veterinary office every two weeks for care and immunizations. Some are already spoken for, but some remain available at this time. If you're interested in adopting a beautiful kitten, call Pam at PAWS at 472-4823.\*



Hurricane kittens

photo provided



PUZZLES

Answers on page 53

Super Crossword

26 BEGINNING TO END

- ACROSS**
- 1 Nest item  
4 Funny Mort  
8 Casual top  
14 Cape, e.g.  
19 British lav  
20 Jai —  
21 Its capital is Roma  
22 Berry of "The Call"  
23 \* Group for motorists  
25 \* Turn a profit, say  
27 Jogging pace  
28 Scheming  
29 Drench  
30 On the other side of  
31 \* "La Vie en Rose" singer  
34 \* Amass wealth  
38 Aug. hours  
39 Bonn "one"  
40 Nail file materials  
42 As dry as —  
47 — -Man defense  
48 "Rugrats" father  
49 Baddie's look  
51 Son of Eve  
52 \* 2009 R. Kelly song  
56 \* Stay calm
- 58 10,000,000 ergs  
59 Lend support  
60 Tip sheet statistics  
63 Compares  
64 Askew  
65 Guevara the guerrilla  
66 Greek diner menu item  
67 Lushes  
68 \* Fulfill, as a promise  
71 \* What you don't need a return ticket for  
76 Only  
77 Skew  
79 Cat paw part  
80 Speed test  
81 Crucial arteries  
84 — noire  
85 D.C. VIP  
86 Like tapestries  
87 \* "No noise allowed"  
89 \* Kids' chemistry set, e.g.  
92 Fed. of Brezhnev  
93 Deliver an address  
96 Walk- — (small parts)
- 97 Chemical ending  
98 Nuclear trial, for short  
100 Run-of-the-mill  
102 "Inc." relative  
103 Start for marital  
106 \*  
108 \* General Mills cereal  
111 Cascade Range peak  
115 — kwon do  
117 Squirmish  
118 With 104-Down, cure concocted by Mom  
119 \* The mineral citrine, e.g.  
123 What the first and last letters of 13 answers in this puzzle proceed through  
125 Lowest point  
126 Lift  
127 Printer's unit  
128 Chemical ending  
129 Gives applause  
130 Capital of 95-Down
- 131 Harper of Hollywood  
132 Seaport of Scotland
- DOWN**
- 1 Highly happy  
2 Pumpkins, e.g.  
3 "Get busy!"  
4 Body pouch  
5 Pumpkin pie ingredient  
6 Cart off to the jailhouse  
7 Tripoli's land  
8 Quirky mannerisms  
9 Moe or Larry  
10 Impedes  
11 — du Diable  
12 — de Oro  
13 Frat letter  
14 Mambo relative  
15 Actor Bert  
16 Roll topper  
17 Sad cry  
18 Adidas rival  
24 Slugger Mel  
26 Tic- — -toe  
32 Fling  
33 Regaled  
35 Element #50  
36 Smells nasty  
37 "Ahh, OK"  
41 Post-rain dirt  
43 Swimming specialty  
44 Woodwind instrument
- 45 Gas in lights  
46 Pipe elbows  
47 Leisure suit fabrics  
48 Recoiled (from)  
50 Add ammo  
52 Des Moines' state  
53 Wait secretly  
54 Western lake  
55 Happiness  
57 Feel for  
58 Clog  
61 Let go of  
62 Put on  
65 Big name in old video game consoles  
66 Itty-bitty biter  
67 Football Hall of Famer Lynn  
69 Butting beast  
70 Be in debt to  
72 Foil relatives  
73 Shankar with a sitar  
74 "Law & Order: SVU" actor  
75 Ballpoint, e.g.  
78 In medias —  
81 Blue-green  
82 Force to go  
83 Go skyward  
84 "Well done, diva!"
- 85 Raw power  
86 George of "Cheers"  
88 Saudi, e.g.  
90 Turning tooth  
91 Bean trees of India  
94 Fifth of fifty  
95 African country  
99 Teaches one-on-one  
101 2009 James Cameron film  
102 Sobieski of Hollywood  
103 Great fear  
104 See 118-Across  
105 New Hampshire prep school  
107 Unedited  
109 Bodily pump  
110 "— -ching!"  
111 Align, briefly  
112 Get well  
113 Alan of TV and film  
114 Tiny mistake  
116 Poet Pound  
120 Sine — non  
121 Increases  
122 Ulna's place  
124 Royal Navy inits.

1	2	3		4	5	6	7		8	9	10	11	12	13		14	15	16	17	18
19				20					21							22				
23				24					25						26					
27					28				29					30						
31				32				33		34		35	36	37						
38				39				40	41						42	43	44	45	46	
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	52	53			54				55			56			57					
58					59				60	61	62			63						
64					65				66					67						
68					69				70			71	72				73	74	75	
				76					77	78				79			80			
81	82	83					84					85				86				
87							88				89	90			91					
92					93				94	95		96			97					
98					99		100				101				102			103	104	105
				106	107									108	109			110		
111	112	113	114									115		116		117			118	
119									120	121	122					123		124		
125									126							127			128	
129									130							131				

King Crossword

- ACROSS**
- 1 Recycling containers  
5 Cauldron  
8 Aladdin's —  
12 And others (Abbr.)  
13 "Go, team!"  
14 Israeli airline  
15 Hamlet's castle  
17 Theater award  
18 Aircraft  
19 Tomorrow, in Tijuana  
21 Space  
22 Grand tale  
23 Ref  
26 Energy  
28 Ancestor of Noah  
31 Equitable  
33 Knock  
35 Great Lake  
36 Possessed  
38 24 hours  
40 Corn spike  
41 "Yeah, right!"  
43 Pirouette  
45 Just say no  
47 Senator's minimum age  
51 Fermi's particle  
52 One of Alvin's cohorts  
54 Certain  
55 Mangy mutt
- 56 Hebrew month  
57 The — Piper of Hamelin  
58 Coop dweller  
59 Rod partner
- subject  
8 Strong and regal  
9 Tuna type  
10 Primary  
11 Entreaty  
16 Tide type  
20 Mimic  
23 E.T.'s craft  
24 Gullet  
25 Ship in a Gilbert & Sullivan work  
27 Cushion  
29 Spy org.  
30 Yon maiden  
32 Picked up where you left
- off  
34 Seamstress' aid  
37 Insult (Sl.)  
39 Pirate's refrain  
42 Command to Fido  
44 Duck down  
45 Grate  
46 Needle case  
48 Portrayal  
49 Verifiable  
50 Holler  
53 Coloration
- DOWN**
- 1 Honk  
2 "— have to do"  
3 Houston acronym  
4 David's weapon  
5 Flourish  
6 Scull tool  
7 Central

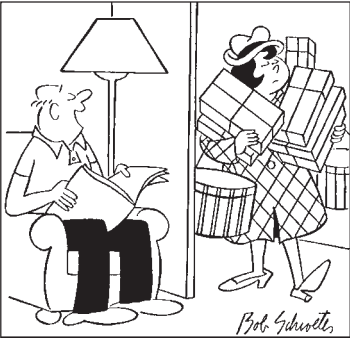
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V T L N R R C E R P O M K I G  
E N E E D D B S L O Z X W U T  
R Q E O R (S C O R E C A R D) N  
L J I E G O F O D C S M A Y X  
A L L E R O C W R V T S A S R  
P D I E R O C T N E G E R O C  
O N S L K J C I G F Y E C B F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |           |          |           |           |
|-----------|----------|-----------|-----------|
| Albacore  | Coreless | Corey     | Scorecard |
| Coreen    | Corella  | Foam core | Scored    |
| Co-regent | Corelli  | Fourscore | Scores    |
| Coreid    | Coretta  | Hardcore  |           |





"Hey, big spender, ever think of getting a job with the \_\_\_\_\_?"

answer on page 54

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Alarm  
**ALIGNS**   

Form  
**HEAPS**   

Swallow  
**STINGE**   

Distant  
**METEOR**   

TODAY'S WORD

	8		1			4		
5					2			9
		1		6			8	
		5			7	9		
3			9	1			7	
	6		4					1
9				3				6
	1				8	7		
		2	6				9	

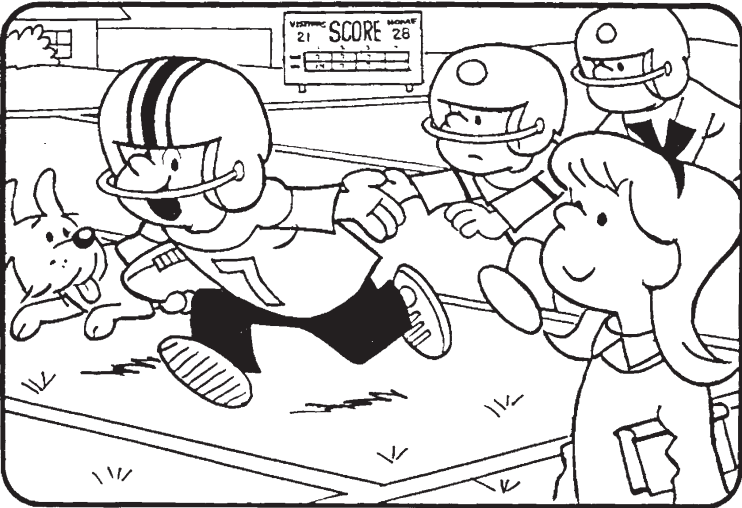
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

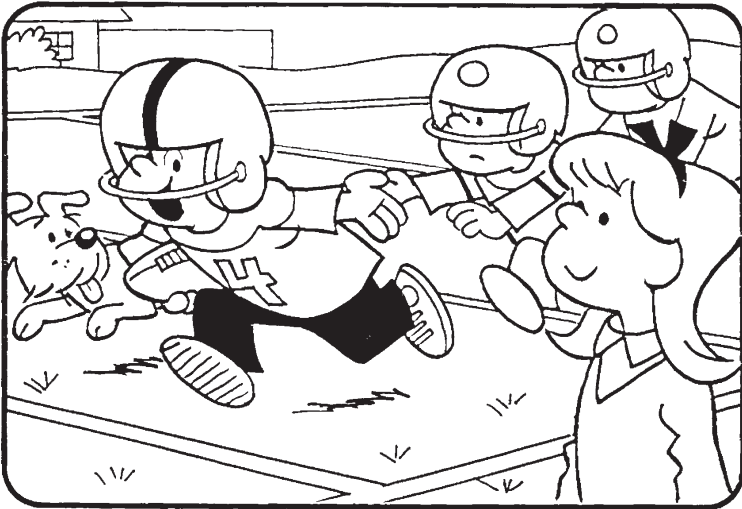
answer on page 53

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Ears are different. 2. Stripes are missing. 3. Number is different. 4. Scoreboard is missing. 5. Neckline is different. 6. Book is missing.

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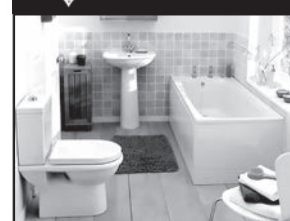
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High: 86 Low: 79

**SUNDAY**  
Mostly Cloudy  
High: 87 Low: 80

**MONDAY**  
Sunny  
High: 84 Low: 77

**TUESDAY**  
Sunny  
High: 84 Low: 77

**WEDNESDAY**  
Sunny  
High: 87 Low: 79

**THURSDAY**  
Sunny  
High: 84 Low: 77

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	7:15 am	12:40 am	11:12 pm	3:17 pm	Fri	6:20 am	12:42 am	10:17 pm	3:19 pm	Fri	6:47 am	12:52 am	8:59 pm	2:43 pm	Fri	12:46 am	3:56 am	9:25 am	6:33 pm
Sat	9:05 am	2:47 am	11:39 pm	4:19 pm	Sat	8:10 am	2:49 am	10:44 pm	4:21 pm	Sat	8:34 am	2:48 am	10:05 pm	3:47 pm	Sat	1:22 am	6:03 am	11:15 am	7:35 pm
Sun	10:33 am	4:13 am	None	5:08 pm	Sun	9:38 am	4:15 am	11:09 pm	5:10 pm	Sun	10:04 am	4:03 am	11:17 pm	4:48 pm	Sun	1:49 am	7:29 am	12:43 pm	8:24 pm
Mon	12:04 am	5:13 am	11:41 am	5:47 pm	Mon	10:46 am	5:15 am	11:30 pm	5:49 pm	Mon	11:36 am	5:14 am	None	5:46 pm	Mon	2:14 am	8:29 am	1:51 pm	9:03 pm
Tue	12:25 am	6:02 am	12:37 pm	6:20 pm	Tue	11:42 am	6:04 am	11:49 pm	6:22 pm	Tue	12:08 am	6:15 am	12:39 pm	6:37 pm	Tue	2:35 am	9:18 am	2:47 pm	9:36 pm
Wed	12:44 am	6:44 am	1:25 pm	6:47 pm	Wed	12:30 pm	6:46 am	None	6:49 pm	Wed	12:43 am	7:06 am	1:23 pm	7:21 pm	Wed	2:54 am	10:00 am	3:35 pm	10:03 pm
Thu	1:02 am	7:22 am	2:09 pm	7:11 pm	Thu	12:07 am	7:24 am	1:14 pm	7:13 pm	Thu	1:13 am	7:49 am	2:02 pm	8:01 pm	Thu	3:12 am	10:38 am	4:19 pm	10:27 pm

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B	I	N	S		P	O	T		L	A	M	P									
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2	8	6	1	5	9	4	3	7
5	3	7	8	4	2	6	1	9
4	9	1	7	6	3	2	8	5
1	4	5	3	2	7	9	6	8
3	2	8	9	1	6	5	7	4
7	6	9	4	8	5	3	2	1
9	7	4	2	3	1	8	5	6
6	1	3	5	9	8	7	4	2
8	5	2	6	7	4	1	9	3

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### HELP WANTED

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*Today's Word*

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# My Stars★★★★★

## FOR WEEK OF OCTOBER 16, 2017

**ARIES** (March 21 to April 19) You might feel compelled to get involved on the “right side” of a seemingly unfair fight. But appearances can be deceptive. Get the facts before going forth into the fray.

**TAURUS** (April 20 to May 20) Bullying others into agreeing with your position could cause resentment. Instead, persuade them to join you by making your case on a logical point-by-point basis.

**GEMINI** (May 21 to June 20) Resist pushing for a workplace decision you might feel is long overdue. Your impatience could backfire. Meanwhile, focus on that still-unsettled personal situation.

**CANCER** (June 21 to July 22) Your aspects favor doing something different. You might decide to redecorate your home, or take a trip somewhere you’ve never been, or even change your hairstyle.

**LEO** (July 23 to August 22) You might want to take a break from your busy schedule to restore your energy levels. Use this less-hectic time to also reassess your plans and make needed changes.

**VIRGO** (August 23 to September 22) What you like to think of as determination might be seen by others as nothing more than stubbornness. Try to be more flexible if you hope to get things resolved.

**LIBRA** (September 23 to October 22) Watch that you don’t unwittingly reveal work-related information to the wrong person. Best to say nothing until you get official clearance to open up.

**SCORPIO** (October 23 to November 21) With things settling down at work or at home, you can now take on a new challenge without fear of distraction. Be open to helpful suggestions from colleagues.

**SAGITTARIUS** (November 22 to December 21) Your creativity can help resolve an emotional situation that might otherwise get out of hand. Continue to be your usual caring, sensitive self.

**CAPRICORN** (December 22 to January 19) You could impress a lot of influential people with the way you untangle a few knotty problems. Meanwhile, a colleague is set to share some welcome news.

**AQUARIUS** (January 20 to February 18) Aspects favor recharging your social life and meeting new people. It’s also a good time to renew friendships that might be stagnating due to neglect on both sides.

**PISCES** (February 19 to March 20) Congratulations. Your talent for working out a highly technical problem earns you well-deserved praise. The weekend could bring news about a friend or relative.

**BORN THIS WEEK:** Your sense of justice makes you a strong advocate for the rights of people and animals alike.

### THIS WEEK IN HISTORY

• On Oct. 16, 1773, the first public statement against the British Parliament’s Tea Act, a document known as the “Philadelphia Resolutions,” urges all Americans to oppose the British tax. Two months later, a group of colonists disguised as Mohawks boarded three British tea ships and dumped 342 chests of tea into the harbor.

• On Oct. 17, 1906, Wilhelm Voigt, a 57-year-old German shoemaker, impersonates an army officer and leads an entire squad of soldiers to help him steal 4,000 marks from the mayor’s office. Voigt humiliated the German army by exploiting their blind obedience to authority. The Kaiser thought the story was funny.

• On Oct. 18, 1968, John Lennon and Yoko Ono are arrested for drug possession in London. Days earlier, an announcement that Ono was pregnant created a scandal because both were married to other people.

• On Oct. 19, 1985, the first Blockbuster video-rental store opens, in Dallas. The store had 8,000 tapes displayed on shelves and a computerized checkout process. At it’s peak in 2004, Blockbuster had 9,094 stores.

• On Oct. 20, 1944, U.S. Gen. Douglas MacArthur wades ashore onto the Philippine island of Leyte, fulfilling his vow to return to the area he was forced to flee in 1942 under orders from President Franklin Roosevelt.

• On Oct. 21, 1959, the Guggenheim Museum, home to one of the world’s top collections of contemporary art, opens in New York City. The bizarrely shaped white concrete building resembled a giant upside-down cupcake. Today, 900,000-plus visitors visit the Guggenheim yearly.

• On Oct. 22, 1797, Andre-Jacques Garnerin makes the first parachute jump from a hydrogen balloon 3,200 feet above Paris. As he had failed to include an air vent at

the top of the prototype, Garnerin oscillated wildly in his descent, but he landed shaken but unhurt.

### STRANGE BUT TRUE

• It was Irish author and editor Robert Lynd who made the following sage observation: “History may be read as the story of the magnificent rearguard action fought during several thousand years by dogma against curiosity.”

• Historians say that the Halloween tradition of trick-or-treating dates back to the early European tradition of mumming, when costumed dancers would go door to door to perform choreographed routines, as well as songs and plays, in exchange for treats.

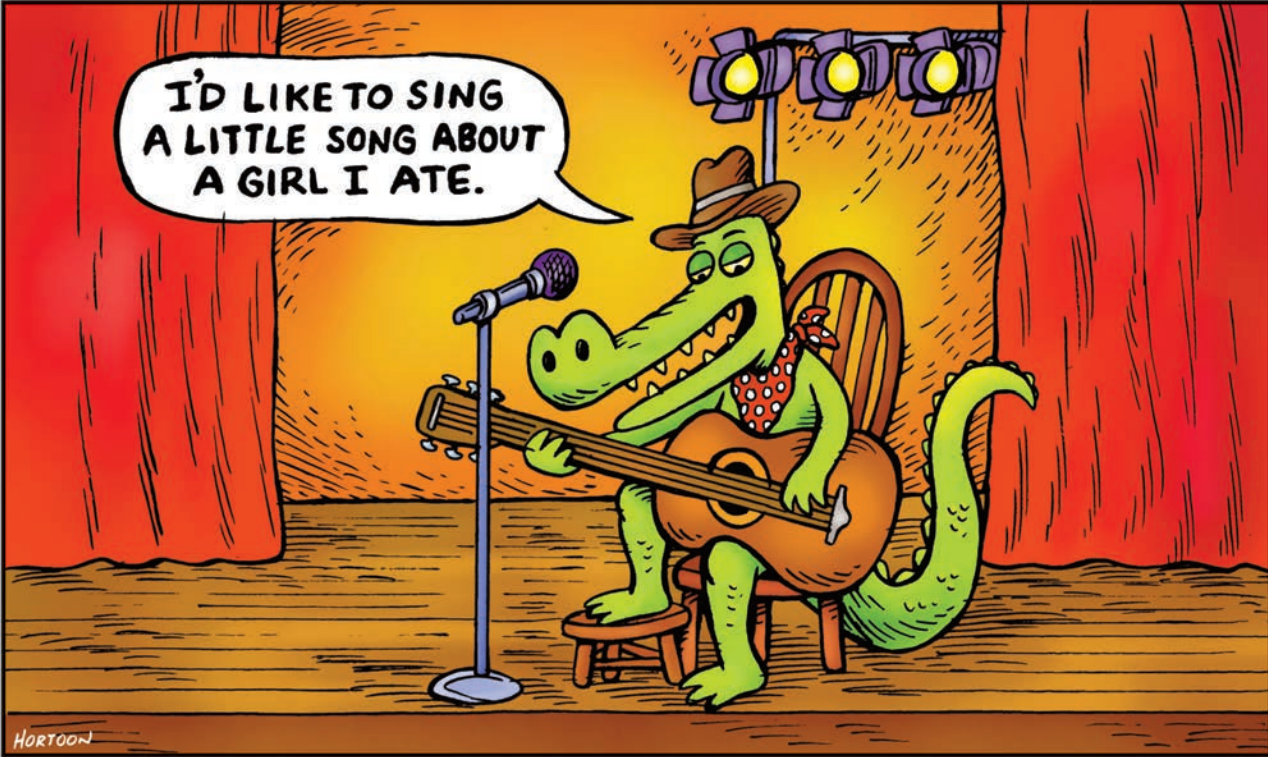
• You’ve certainly heard of “Tarzan of the Apes.” Edgar Rice Burroughs’ 1912 work has been adapted over and over again -- for radio, television, film and more. You probably weren’t aware, though, that the novel was such an instant and ongoing success that Burroughs wrote 24 sequels.

• In a recent survey of pet owners, 43 percent of respondents said that they’d be eating healthier themselves if they ate the same thing they fed their pets.

### THOUGHT FOR THE DAY

“What can be asserted without proof can be dismissed without proof.” -- Christopher Hitchens

## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Edgewater	Fort Myers	1999	5,688	\$3,400,000	\$3,100,000	0
Cape Coral	Cape Coral	2005	4,908	\$1,449,000	\$1,175,000	90
Belle Meade	Fort Myers	2014	3,534	\$869,100	\$830,000	166
Dunes At Sanibel Island	Sanibel	1988	2,222	\$799,000	\$750,000	110
Bonita Lakes	Bonita Springs	2014	3,127	\$749,000	\$689,000	173
Becklers Riverside Add	Fort Myers	1955	3,098	\$749,000	\$749,000	6
Cape Coral	Cape Coral	2006	2,312	\$735,000	\$702,000	40
Paradise Village	Bonita Springs	2016	2,228	\$699,900	\$685,000	108
Little Lake Murex	Sanibel	1989	2,614	\$699,000	\$670,000	57
Cape Coral	Cape Coral	2016	2,530	\$699,000	\$712,150	87



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